

# 2023 UCLA Entering Student Survey (ESS)

Welcome to UCLA. We are so pleased to have you as part of the Bruin community. As you may already know, UCLA is dedicated to a student-centered program of assessment, and regularly asks students to provide feedback throughout academic career here. Your responses to campus surveys are a critical resource for us in our decisions about student programs and campus policies. We encourage you to use these surveys as a way to get your voice heard and to help us improve the undergraduate experiences for your class and for future cohorts of UCLA students.

**Enter Your UCLA Student ID Number (9 digits) below for prize drawing (Format: 123456789)**

Your student ID number will never be used to identify you individually in survey reporting. If you choose to provide your UID, it will be entered in the drawing to win: Beats Studio3 wireless over-ear headphones (1 available), Apple AirPods (2 available), JBL Clip 4 wireless speaker (3 available), and \$50 Amazon Gift Cards (12 available). Please make sure that your UID is entered correctly for the drawing.

UCLA ID Number: [text box—limit to 9 numeric characters]

## Past Activities and Engagement

**Q1.** How frequently during **your most recent academic year** did you do each of the following?

**Scale:** Never (1) Rarely (2) Occasionally (3) Somewhat often (4) Often (5) Very often (6)

**Items:**

1. Seek academic advising or support
2. Seek career advising or services
3. Participate in protests or demonstrations
4. Participate in volunteer or community service work
5. Participate in student clubs/groups
6. Have an instructor who inspired you to follow a course of study
7. Have a mentor who inspired you to follow a course of study
8. Hold a campus leadership role
9. Study or work on projects with a group of classmates outside of class
10. Appreciate the world from someone else's perspective
11. Interact with someone with views that are different from your own
12. Discuss controversial issues
13. Seek mental health services
14. Engage in actions to support your mental/emotional self-care

## Anticipated Activities and Engagement

**Q2:** If given the opportunity, how likely are you to do the following while a student at UCLA?

**Scale:** Very unlikely (1), Unlikely (2), Likely (3), Very likely (4)

**Items:**

1. Seek academic advising or support
2. Seek career advising or services
3. Seek mental health services
4. Explore an area of study outside your current major
5. Work on a research project (e.g., work in a lab, assist on faculty member's project, independent study)
6. Participate in a travel study program
7. Have an internship
8. Get a job to help pay for expenses
9. Participate in protests or demonstrations.
10. Participate in volunteer or community service work
11. Participate in student clubs/groups
12. Hold a campus leadership role
13. Feel that you belong on campus
14. Develop a strong social/peer network on campus

**Q3.** What is the highest academic degree that you intend to obtain at any institution (not just at UCLA)?  
(Mark one)

**Response Options**

- Bachelor's degree (B.A., B.S., etc.)
- Teaching credential
- Business master's (M.B.A.)
- Other professional master's (M.Ed., M.PP., M.PH., M.FA., M.LIS., M.SN., M.SW., M.ARCH., etc.)
- Academic master's (M.A., M.S., etc.)
- Law degree (L.L.B., J.D., etc.)
- Medical doctorate other than M.D. (D.O., D.D.S., D.V.M., etc.)
- Medical doctor (M.D.)
- Doctorate (Ph.D., Ed.D., etc.)
- Multiple doctoral degrees (M.D./Ph.D.)
- I do not know yet
- Other, specify \_\_\_\_\_

## Skills and Abilities

**Q4.** Please rate your current level of proficiency in the following areas.

**Scale:** Very poor (1) Poor (2) Fair (3) Good (4) Very good (5) Excellent (6) N/A, Too little experience on this skill to be able to rate (0)

**Items:**

1. Setting clear and measurable goals for completing a task
2. Breaking down a large task into smaller tasks
3. Confidence in approaching new areas of learning
4. Comfort with seeking academic help from peers
5. Comfort with seeking academic help from instructors or staff
6. Ability to explore multiple aspects of an issue
7. Ability to integrate feedback on academic work
8. Communicating effectively in writing
9. Communicating effectively verbally
10. Ability to read and comprehend academic material (e.g., journal articles, original documents, scholarly papers)
11. Library and online information research skills (e.g., finding books, articles, locating appropriate information sources)
12. Judging the trustworthiness of information based on the soundness of sources
13. Drawing insights based on analysis of data and information
14. Using facts, evidence, and examples to support your viewpoint or argument
15. Creative expression
16. Ability to work with people from other cultures/backgrounds
17. Ability to collaborate with others (e.g., team participation, group work)
18. Openness to having your own views challenged
19. Understanding the complexities of global issues
20. Ability to constructively resolve conflicts with others
21. Ability to budget/manage your finances
22. Self-management skills (e.g., ability to express emotions, manage stress, cope with life challenges)

## Interaction with Others

**Q5.** In your most recent academic year, to what extent did you engage in the following with people who are different from you (e.g., by race, ethnicity, religion, socioeconomic status, sexual orientation, political orientation)?

**Scale:** Never (1) Rarely (2) Occasionally (3) Somewhat often (4) Often (5) Very often (6)

**Items:**

1. Discussed academic work, classwork, or research outside of class
2. Discussed topics about which you had different opinions
3. Discussed your different backgrounds

**Q6.** Thinking about your close friends over the past year, which of the following best describes their races/ethnicities? My friends:

**Response Options:**

- Mostly share my races/ethnicities
- Mostly have different races/ethnicities from me
- Are a mix of similar and different races/ethnicities
- Not applicable; I don't have any close friends

## Perception of College Experiences

**Q7.** While attending UCLA, how likely are you to:

**Scale:** Very unlikely (1), Somewhat unlikely (2), Likely (3), Very likely (4)

**Items:**

1. Develop friendships with students who are different from you (e.g., culturally, ethnically, socioeconomically, politically)
2. Develop friendships with students from a country outside of your own
3. Feel that I belong on campus
4. Experience discrimination on campus

## Health and Wellbeing

**Q8.** How would you describe your average stress level over the past year?

**Scale:** Very high stress (5) High stress (4) Moderate stress (3) Low stress (2) Very low stress (1)

**Q9.** In your most recent academic year how often have the following been obstacles to your school work or academic success?

**Scale:** Never (1) Rarely (2) Occasionally (3) Somewhat often (4) Often (5) Very often (6)

**Items:**

1. Feeling depressed, stressed, or anxious
2. Inability to concentrate on your work
3. Not being able to stop worrying
4. Feeling fatigued or lacking energy

**Q10.** How worried you are about each of the following:

**Scale:** Not worried (1), A little worried (2), Worried (3), Very worried (4)

**Items:**

1. Getting the psychological counseling you might need
2. Getting along with your roommate(s)
3. Being away from family and friends; being 'homesick'
4. Being able to cope with expectations of parents and family

5. Being overwhelmed with all the things you're expected to do (socially and academically)
6. Finding direction for your life (e.g., what you want to do after college, making the right career choice)
7. Succeeding academically
8. Making friends
9. That UCLA's size will be an obstacle to your satisfaction with your experience.

**Q11** How often do you experience the following:

**Scale:** Never (1), Rarely (2), Occasionally (3), Somewhat often (4), Often (5), Very often (6)

**Items:**

1. I have someone to confide in or talk to about my problems
2. I feel that people barely know me
3. I have someone with whom I can do something enjoyable

**Q12.** In the past month, how often did you...

**Scale:**

Never (0 times a month) (1),

Rarely (No more than once a week) (2),

Occasionally (A couple times a week) (3),

Often (Several times a week) (4),

Very often (Almost every day) (5),

Don't Know (0)

**Items:**

1. Get enough sleep so that you felt rested when you woke up
2. Have difficulty sleeping (e.g. intermittent sleep, difficulty falling asleep, waking earlier than intended)
3. Feel so tired during the day that it affected your ability to work or study

## Campus Climate

**Q13.** Based on what you have heard and your interactions with UCLA thus far, how would you rate UCLA along the following dimensions?

**Dimensions:**

1. Friendly 6 5 4 3 2 1 Hostile  
N/A "I don't have enough information to be able to provide a rating" (0)
2. Appreciative of diversity 6 5 4 3 2 1 Unappreciative of diversity  
N/A "I don't have enough information to be able to provide a rating" (0)
3. Competitive 6 5 4 3 2 1 Not competitive  
N/A "I don't have enough information to be able to provide a rating" (0)
4. Affordable 6 5 4 3 2 1 Not Affordable  
N/A "I don't have enough information to be able to provide a rating" (0)

**Q14.** To what extent do you agree or disagree with these statements?

**Scale:** Strongly disagree (1), Disagree (2), Agree (3), Strongly agree (4)

**Items:**

1. I can see myself achieving my academic goals while at UCLA.
2. There are people in my life who want me to succeed at UCLA.
3. UCLA will provide an environment where my identities are valued.
4. UCLA will provide an environment where everyone's identities are valued.
5. UCLA is genuinely committed to promoting respect for and understanding of group differences

## Finances/Basic Needs

**Q15.** How concerned are you about...

**Scale:** Not concerned (1) Somewhat concerned (2) Concerned (3) Very concerned (4)

**Items:**

1. Your ability to pay for your undergraduate education (given the grants and scholarships, if any, that you will receive)?
2. Accumulating educational debt during your time at UCLA?

**Q16.** For the following statements, please say whether the statement was often true, sometimes true, or never true for you in the last 12 months.

**Scale:** Never True (1) Sometimes True (2) Often True (3)

**Items:**

1. The food that I bought just didn't last, and I didn't have money to get more.
2. I couldn't afford to eat balanced meals.

**Q17.** In the last 12 months...

**Scale:** Yes (1) No (2)

**Items:**

1. Did you ever cut the size of your meals or skip meals because there wasn't enough money for food?
2. Did you ever eat less than you felt you should because there wasn't enough money for food?
3. Were you ever hungry but didn't eat because there wasn't enough money for food?

**Q17a.** [If 'Yes' is selected to Q18, Items 1,2, or 3]

You indicated that you had cut the size of your meals or skipped meals because there wasn't enough money for food, how often did this happen—almost every month, some months but not every month, or in only 1 or 2 months?

**Scale:** Almost every month (3), Some months but not every month (2), In 1 or 2 months (1)

## Background and Characteristics

**Q18.** What is the zip code for the location where you primarily resided in the past year?

Choice:

1. [Textbox—5 numeric characters]
2. I lived outside of the United States

If chose option 2, ask:

What is the county where you primarily resided in the past year?

[County List: display by zip code] I did not reside in the USA

**Q19.** Where are you planning to live for the fall term? (Mark one)

**Response Options:**

- On-campus UCLA housing (e.g., residence hall, suites)
- Off-campus UCLA housing (e.g., University Apartments)
- Off-campus apartment or private home
- Fraternity or sorority house
- Undecided
- Other, please specify \_\_\_\_\_

**Q19a.** [if Q20= “Off-campus private home or apartment”]

Do you plan to share your residence with anyone else in the fall term?

**Items:**

1. Yes, with a partner and/or other dependent(s)
2. Yes, with other relatives (e.g. parents/guardians, grandparents, aunt/uncle, etc.)
3. Yes, with a roommate not related to me
4. No, I plan to live by myself
5. Undecided

**Q19b.** [show if Q20= “Off-campus private home or apartment”]

What is the zip code of the residence where you are planning to live for the fall term?

[Textbox—5 numeric characters]