

# 2014 Student Affairs Graduate and Professional Student Survey

## 2014 UCLA Student Affairs Graduate and Professional Student Survey

Thank you for taking the time to respond to this survey. The survey should take approximately 20 minutes to complete. Once you begin, you will need to complete the survey in one sitting and will not be able to go back to previous pages without losing your work.

If you are comfortable with the guidelines outlined in the Information Page for the administration of the 2014 UCLA Student Affairs Graduate and Professional Student Survey, please begin the survey.

Enter Your UCLA Student ID Number (9 digits) below for prize drawing

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 Your student ID number will not be included in survey reporting. Your UID will be entered in the drawing to win one of several prizes including a UCLA annual parking permit, three iPad minis, twelve \$75 BruinCard credits, and more. Please make sure that your UID is entered correctly. If you do not enter your UID then you cannot be entered into the drawing.

### Interaction with Others

To what extent have you engaged in the following with people at UCLA who are different from you (e.g., by race, ethnicity, religion, socioeconomic status, sexual orientation, political orientation, gender)?

	Never	Rarely	Sometimes	Most of the time	Always	N/A
Shared a meal or socialized						
Interacted in class						
Discussed academic work or research outside of class						
Interacted as part of a UCLA-based extra-curricular activity or organization						
Discussed topics about which you had different opinions						
Discussed your different backgrounds						

How would you rate the overall quality of your interaction with people at UCLA who are different from you?

	Very negative	Negative	Neither negative or positive	Positive	Very positive	N/A
Shared a meal or socialized						
Interacted in class						
Discussed academic work or research						

outside of class

Interacted as part of a UCLA-based  
extra-curricular activity or  
organization

Discussed topics about which you had  
different opinions

Discussed your different backgrounds

Is there anything else you would like to add about interactions with people at UCLA who are different from you?

If yes, please specify

## Wellness

How would you describe the following?

Poor Fair Good Very good Excellent

Your overall physical health

Your overall mental health

Your overall diet

How would you describe your weight?

Very underweight

Slightly underweight

About the right weight

Slightly overweight

Very overweight

In the past month, which of the following behavior(s) have you pursued to improve your overall health?  
(Check all)

Increase in physical activity

Incorporate more fruits, vegetables and whole grains into my meals

Increase amount of sleep

Choose sugars from naturally occurring sources such as fruits

Prepare meals at home more often

Engage in more social activities

Seek counseling

Seek emotional support from a trusted person

Engage in relaxation activities (e.g., yoga, meditation)

Other (please specify)

I have not done any of these activities

In the past month, how often did you do the following?

	Never	Sometimes	Often	Almost always	Don't know
Get enough sleep so that you felt rested when you woke up					
Have difficulty sleeping (e.g., intermittent sleep, difficulty falling asleep, waking earlier than intended)					
Feel so tired during the day that it affected your ability to work or study					

In an average week, on how many days did you do the following?

	0	1	2	3	4	5	6	7
Engage in MODERATE-INTENSITY physical activity, such as walking briskly, biking at a casual pace or light weight lifting for at least 30 minutes								
Engage in VIGOROUS-INTENSITY cardio or aerobic exercise, such as running, bicycling, or aerobics for at least 20 minutes								
Do 8-10 strength training exercises (such as resistance weight machines) for 8-12 repetitions each								

How much of this exercise took place on the UCLA campus or in UCLA facilities?

	None	Some	Almost all	N/A
MODERATE-INTENSITY physical activity				
VIGOROUS-INTENSITY cardio or aerobic exercise				
8-10 strength training exercises (such as resistance weight machines) for 8-12 repetitions each				

On average, how many meals do you skip in a week?

None
1-3
4-6
7 or more

To what extent are the following reasons why you skip meals?

	Not at all a reason	Somewhat a reason	A major reason
Time constraints in schedule			
Cost of food on campus			
Overall cost of food			
Location of restaurants on campus			
Hours of operation of restaurants on campus			
Not hungry			
Desired weight loss			
Don't have time to prepare food to bring from home			
Have nowhere to store food brought from home			
Please share any other reasons why you skip meals			

Please indicate how much time in the past month you have felt the following:

	Never	Rarely	Sometimes	Most of the time	Always
Your daily life has been full of things that were interesting to you					
You felt loved and wanted					
You have been a very nervous person					
You felt depressed					
You felt tense or "high strung"					
You have been in firm control of your behavior, thoughts, emotions and feelings					
You felt you had nothing to look forward to					
You felt calm and peaceful					
You felt emotionally stable					
You felt downhearted and blue					
You felt so down in the dumps that nothing could cheer you up					
You have been moody or brooded about things					
You felt restless, fidgety, or impatient					
You have been anxious or worried					
You have been a happy person					
You have been in low or very low spirits					
You have felt cheerful or lighthearted					
You have felt lonely/isolated					

During this academic year, how often have your negative thoughts/emotions interfered with your academic progress?

	Never	Rarely	Sometimes	Most of the time	Always	Not applicable



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and make connections with people in my department/program

I have sufficient opportunity to interact socially and make connections with people at UCLA outside of my department/program

I have sufficient opportunities to interact academically and make connections with people at UCLA outside of my department/program

I feel a sense of belonging with my department or program

I feel a sense of belonging on campus, overall

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UCLA students have different views about what is right and wrong. Regardless of whether or not you may personally engage in the following activities, **to what extent do you agree that it's acceptable for a graduate/professional student to engage in the following activities?**

Strongly disagree   Disagree   Agree   Strongly agree

Install unlicensed software on a personal computer  
Download copyrighted material (e.g., music, movies, etc.) without paying

Utilize university equipment for personal use  
Use another person's ideas, processes, results or words without giving appropriate credit or citation

Intentionally or knowingly help another person commit an act of academic dishonesty

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If you were aware of...

Very unlikely   Unlikely   Likely   Very likely

A colleague (e.g., fellow student, post-doctoral scholar, etc.) engaging in illegal/unethical practices, how likely would you be to report him/her?

A faculty member engaging in illegal/unethical practices, how likely would you be to report him/her?

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## Campus Climate

Please indicate your level of agreement with the following: At UCLA, I have received sufficient guidance/assistance with obtaining...

Strongly disagree   Disagree   Agree   Strongly agree   Not applicable

Information on how to secure financial support for my graduate work

Information on how to pursue professional development opportunities related to an academic career

Information on how to pursue professional development opportunities related to non-

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academic careers

Support for exploring careers that are of interest to me

What or who was...

	Advisor	Other faculty	Department staff	Career center	Peers	Non-Faculty mentors	Other	No one; I did not get information on this
The source of information on how to secure financial support for my graduate work?								
The source of information on how to pursue professional development opportunities related to an academic career?								
The source of information on how to pursue professional development opportunities related to non-academic careers?								
The source of support for exploring careers that are interest to you?								

Please indicate your level of agreement with the following:

	Strongly disagree	Disagree	Agree	Strongly agree	Not applicable
I feel comfortable approaching my advisor about a variety of career paths, including those outside of academe					

To what extent have the following factors affected your academic progress during the past year (i.e., previous 12 months)?

	Significantly slowed	Somewhat slowed	No impact	Somewhat improved	Significantly improved	Not applicable
Work commitments/responsibilities						
Availability of faculty						
Graduate program/professional school structure or requirements						
Other graduate/professional commitments that are not program requirements (e.g., conferences, conference proposal review, publications, etc.)						
Courses scheduling/availability						

Personal relationships (e.g., spouse, significant other, parents)

Family obligations/responsibilities

Financial commitments/concerns

Housing situation

Commuting/transportation

Others' attitudes towards you based on an aspect of your identity (e.g., race, ethnicity, nationality, gender, religion, sexual orientation)

Ethics related to authorship or collaboration

Feeling depressed, stressed, or upset

Disability or chronic illness

Please share any other factors that have affected your academic progress during the past year (i.e., previous 12 months) and share if they were negative or positive:

Which of the following statements best reflects how you feel about your academic progress in your graduate/professional program up to this point in time?

I feel significantly behind schedule

I feel slightly behind schedule

I feel on schedule

I feel slightly ahead of schedule

I feel significantly ahead of schedule

How concerned are you about...

**Very  
concerned**

**Concerned**

**Unconcerned**

**Very  
unconcerned**

Your current academic progress?

Please indicate your level of agreement with the following statement:

**Strongly  
disagree**

**Disagree**

**Agree**

**Strongly  
agree**

**Not  
applicable**

I have seriously considered leaving my graduate/professional program before completing the degree

How many years TOTAL...

**Less than 1 year**

**1**

**2**

**3**

**4**

**5**

**6**

**7**

**8**

Do you expect it will take to obtain your degree, from the time you started your current graduate/professional

program until you complete it?

Please rate your current skill level (compared to other people in your field including peers, faculty, post-docs, etc.) in the following areas.

	<b>Lowest 10%</b>	<b>Below average</b>	<b>Average</b>	<b>Above average</b>	<b>Highest 10%</b>
Resolving disagreements with others					
Assertively standing up for myself					
Ability to work as part of a group					
Ability to lead a group					
Setting reasonable expectations for myself					
Managing my time efficiently to complete my academic program					
Balancing academic responsibilities with other demands in my life					
Coping with academic pitfalls/setbacks effectively					
Intellectual self-confidence					
Social self-confidence					
Mentoring others					
Seeking out mentoring					
Negotiation					
Email etiquette					
Ability to use current and relevant technologies to further my academic and professional goals					
Bringing people together to collaborate toward a common goal					
Working with people from diverse backgrounds					
Writing a journal article					
Writing a thesis/dissertation					
Writing a grant					
Preparing a portfolio or compilation of work					
Giving a performance or exhibit					
Giving a formal oral presentation					
Understand relevant ethical concerns in my field					
Professional networking					
Entrepreneurship					
Analysis and synthesis of data					
Communicating findings					
Supervision of employees or a group of volunteers					
Development of courses and/or training programs					
Program and/or conference planning					
Course instruction/teaching					
Making a well-reasoned argument					
Ability to discuss your research and academic work with non-specialists					
Manage a budget for a project and/or program					

## Use of Time and Resources

During this past year (i.e., previous 12 months), on average how many hours per week did you spend doing the following activities?

	None, I do not do this activity	Up to 2	3-5	6-10	11-20	21-30	Over 30
Commuting							
Fulfilling family/household responsibilities							
Performing volunteer work or community service							
Participating in student organizations or groups							
Working for pay <b>on campus</b>							
Working for pay <b>off campus</b>							

Is your...

	Yes	No
<b>On-campus</b> employment related to your field of study?		
<b>Off-campus</b> employment related to your field of study?		

Please indicate your satisfaction with the following at UCLA:

	Very dissatisfied	Dissatisfied	Satisfied	Very satisfied	Not applicable
<b>Availability</b> of personal work space					
<b>Quality</b> of personal workspace					
<b>Availability</b> of computer resources and facilities					
<b>Quality</b> of computer resources and facilities					
<b>Availability</b> of lab, research, or studio space					
<b>Quality</b> of lab, research, or studio equipment					

Approximately how much have you earned/received from the following sources in the past year (i.e., previous 12 months)?

	Less than \$1,000	\$1,001-\$5,000	\$5,001-\$10,000	\$10,001-\$15,000	\$15,001-\$20,000	More than \$20,000	Not applicable
On-campus employment or other apprentice title that includes fees (e.g., GSR, TA). Note, include only income and not fee remissions							
Other on-campus employment (non-apprentice)							
Off-campus employment							
Merit-based Aid (e.g., fellowships)							
Need-based aid (e.g., financial aid, loans, work study)							

Employer-sponsored financial assistance

Personal/family/spouse or partner financial resources

Has your...

Yes

No

Total income (e.g., from fellowships, employment, etc. EXCLUDING loans) been sufficient to cover your expenses during this year (i.e., previous 12 months)?

What is the primary method you used/are using to resolve the gap between your expenses and your income? (Check all that apply)

Federal Student Loans

Private Student Loans

Credit cards

Saving accounts, trust funds, stocks

Gifts from family, relatives, etc.

Other (please specify)

Don't know

Not applicable

What is your best estimate as to how much debt from all sources (including credit cards, educational debt, etc.) you...

None

Less than  
\$1,000

\$1,001-  
\$5,000

\$5,001-  
\$10,000

\$10,001-  
\$15,000

\$15,001-  
\$20,000

More than  
\$20,000

Had prior to starting your current degree program at UCLA

Have incurred this year (i.e., previous 12 months)

What is your best estimate as to how much total debt from all sources (including credit cards, education debt, etc.) you...

Less than  
\$5,000

\$5,001-  
\$15,000

\$15,001-  
\$25,000

\$25,001-  
\$50,000

\$50,001-  
\$100,000

Greater  
than  
\$100,00

Not  
applicable

Expect to have incurred by the completion of your current degree program at UCLA

Are you studying...

Yes

No

At UCLA on a student visa?

How often have you experienced difficulty with the following?

Never Rarely Sometimes Most of the time Always Not applicable

Visa, immigration laws, work authorization

Dealing with university policies that apply to international students (e.g., minimum # of units, time to degree requirements, leave of absence)

English proficiency

Acclimating to American culture

Meeting/socializing with other international students

Finding housing prior to the start of your first academic year at UCLA

Which of the following housing situations best describes your CURRENT residence?

On-campus, University-owned student housing (i.e., Weyburn Terrace, Hilgard)

Off-campus, University-owned student housing (i.e., University Apartments South)

Off-campus, non University-owned housing-within walking or biking distance

Off-campus, non University-owned housing-within driving distance

Off-campus, non University-owned housing-outside of Southern California

How satisfied are you with...

Very dissatisfied Dissatisfied Satisfied Very satisfied

The **costs** associated with your current housing situation?

The **location and condition** of your current housing situation?

What is your current marital status?

Single

Married/Living with a domestic/committed partner

Divorced/Separated

Widowed

How many dependents do you have in the following age ranges? (Dependents are individuals that you care for on a daily basis).

0 1 2 3 or more

0-4 years

5-12 years

13-17 years

18 or older

Which of the following best describes your sexual orientation?

Asexual

Bisexual

Gay/Lesbian

Heterosexual/Straight

Queer

Other

When did you learn English?

English is my native language

Before I was 6 years old

When I was 6 to 10 years old

When I was 11 to 15 years old

After turning 16 years old

How did you **primarily** spend your time immediately prior to entering your current graduate/professional program at UCLA? (Check the one response option that best represents how you spent the majority of your time)

Undergraduate student

Graduate student

Volunteer work

Internship/fellowship

Cared for your children/other family member

Employed in a field related to your current field of study

Employed in a field unrelated to your current field of study

Traveling

Military

Unemployed

Other

Which of the following **best** describes your expectation for your primary post-graduate activity immediately after you complete your degree at UCLA?

I intend to pursue another graduate/professional program

I intend to pursue a postdoctoral position

I intend to pursue a fellowship position

I intend to pursue a tenure-track teaching position

I intend to pursue a non-tenure track teaching position

I intend to pursue a college/university administration position

I intend to pursue a medical residency program

I intend to pursue non-academic career options

I am considering both academic and non-academic options

I am unsure of my career path

I intend to continue working in my current job

Other

What is the type of field you intend to enter?

Business or Industry

Non-Profit organization

National laboratory

University-affiliated research institute

Preschool, elementary, middle, secondary school or school system

Government (non-military)

Military

Hospital/clinic

Self-Employed

Other

Since entering your graduate/professional program at UCLA, have you...

**Yes**

**No**

Changed your mind about the primary post-graduate activity  
you expect to do after you graduate?

Where or with whom have you...

Developed a sense of community or social support at UCLA?

What suggestions do you...

Have for improving the UCLA graduate/professional student experience?