

**National College Health Assessment- FALL 2014**  
**University of California, Los Angeles**

**Q8: Within the last 30 days, on how many days did you use:**

Alcohol	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	<b>312</b>	<b>242</b>	<b>299</b>	<b>68</b>	<b>387</b>
Never used	33.3	29.3	15.4	23.5	17.3
Have used, but not in the last 30 days	15.4	10.7	10.7	16.2	11.4
Used 1-2 days	18.9	23.1	20.7	17.6	15.0
Used 3-5 days	14.4	19.0	23.7	17.6	20.9
Used 6-9 days	10.9	12.4	16.1	11.8	13.4
Used 10-19 days	5.1	2.9	10.7	10.3	15.2
Used 20-29 days	1.6	2.5	2.3	1.5	5.7
Used daily	0.3	0.0	0.3	1.5	1.0

Marijuana	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	<b>312</b>	<b>242</b>	<b>298</b>	<b>68</b>	<b>387</b>
Never used	71.5	67.8	61.7	57.4	58.7
Have used, but not in the last 30 days	11.2	13.2	21.1	22.1	28.7
Used 1-2 days	7.7	8.7	7.7	8.8	5.4
Used 3-5 days	2.9	3.7	3.0	0.0	1.0
Used 6-9 days	1.9	0.8	1.7	4.4	0.8
Used 10-19 days	2.9	3.7	2.0	5.9	2.8
Used 20-29 days	1.6	1.2	0.0	0.0	1.3
Used daily	0.3	0.8	2.7	1.5	1.3

All other drugs combined*	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	<b>315</b>	<b>246</b>	<b>300</b>	<b>68</b>	<b>387</b>
Never used	88.6	89.8	82.3	76.5	81.7
Have used, but not in the last 30 days	7.0	6.9	10.7	14.7	14.0
Used 1-2 days	3.2	2.0	4.7	5.9	2.3
Used 3-5 days	0.3	0.8	1.3	1.5	1.3
Used 6-9 days	0.6	0.0	0.3	1.5	0.0
Used 10-19 days	0.0	0.4	0.3	0.0	0.3
Used 20-29 days	0.0	0.0	0.0	0.0	0.0
Used daily	0.3	0.0	0.3	0.0	0.5

Cigarettes	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	314	243	300	68	387
Never used	83.1	87.2	77.0	63.2	69.0
Have used, but not in the last 30 days	8.3	5.8	13.3	16.2	20.9
Used 1-2 days	4.5	2.1	4.7	7.4	4.7
Used 3-5 days	1.9	2.5	1.0	2.9	0.8
Used 6-9 days	0.6	1.2	1.0	1.5	0.8
Used 10-19 days	0.6	0.0	2.0	1.5	0.3
Used 20-29 days	0.6	0.8	0.3	2.9	0.5
Used daily	0.3	0.4	0.7	4.4	3.1

Other tobacco products*	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	313	243	300	68	387
Never used	75.4	77.0	68.7	66.2	66.7
Have used, but not in the last 30 days	17.3	15.2	23.3	27.9	28.9
Used 1-2 days	4.5	4.9	4.3	2.9	2.8
Used 3-5 days	2.2	2.1	1.3	0.0	0.3
Used 6-9 days	0.3	0.4	0.3	1.5	0.3
Used 10-19 days	0.0	0.0	1.3	0.0	0.0
Used 20-29 days	0.3	0.4	0.0	0.0	0.3
Used daily	0.0	0.0	0.7	1.5	0.8

\*Other tobacco products include: tobacco from a water pipe, cigars, little cigars, clove cigarettes, and smokeless tobacco

**Q10: The last time you "partied"/socialized how many drinks of alcohol did you have?**

Number of Drinks	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	<b>316</b>	<b>246</b>	<b>300</b>	<b>67</b>	<b>388</b>
0	40.5	34.1	24.7	22.4	22.7
1	7.3	9.7	8.7	16.4	17.3
2	7.9	10.6	13.3	10.4	19.6
3	9.2	8.5	11.7	13.4	16.5
4	10.1	8.1	11.3	9.0	11.9
5	9.8	12.6	12.6	4.5	5.2
6	4.7	5.7	4.0	7.5	2.3
7	1.9	2.8	4.0	4.5	0.8
8	3.8	2.4	5.0	6.0	2.8
9	0.6	0.8	1.0	1.5	0.0
10	2.8	2.0	2.0	1.5	0.3
11	0.0	0.4	0.3	0.0	0.0
12	0.3	0.0	0.7	1.5	0.5
13	0.0	0.4	0.3	0.0	0.0
14	0.3	0.4	0.0	0.0	0.0
15	0.6	0.8	0.0	0.0	0.0
16	0.0	0.4	0.3	0.0	0.0
20	0.0	0.0	0.0	0.0	0.3
40	0.0	0.0	0.0	1.5	0.0

**Q11: The last time you "partied"/socialized over how many hours did you drink alcohol?**

Number of Hours	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	<b>315</b>	<b>246</b>	<b>299</b>	<b>67</b>	<b>388</b>
0	40.6	35.0	24.4	22.4	22.9
1	10.8	8.9	7.0	14.9	11.9
2	10.2	13.0	16.7	6.0	8.2
3	18.4	18.3	17.1	9.0	16.2
4	11.1	13.8	13.7	20.9	18.3
5	5.4	6.5	12.3	13.4	12.6
6	1.9	2.8	4.0	6.0	6.4
7	1.0	1.2	1.3	3.0	1.8
8	0.6	0.0	3.0	3.0	1.0
10	0.0	0.0	0.3	1.5	0.5
24	0.0	0.4	0.0	0.0	0.0

**Q13: Over the last two weeks, how many times have you had five or more drinks of alcohol at a sitting?**

Five or More Drinks	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	317	246	299	68	387
NA, don't drink	37.2	30.9	20.1	22.1	16.8
None	34.4	39.0	43.8	50.0	61.2
1 time	12.3	13.4	16.7	14.7	12.4
2 times	6.0	11.8	8.4	4.4	4.9
3 times	4.1	2.8	5.0	4.4	1.8
4 times	1.3	0.8	1.7	0.0	2.1
5 times	2.8	0.4	2.0	1.5	0.3
6 times	0.6	0.4	1.0	0.0	0.3
7 times	0.3	0.0	0.7	0.0	0.3
8 times	0.9	0.0	0.0	0.0	0.0
9 times	0.0	0.0	0.0	0.0	0.0
10 or more times	0.0	0.4	0.7	2.9	0.0

**Q14: Within the last 30 days, did you:**

Drive after drinking any alcohol at all	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	316	245	299	68	386
N/A, don't drive	32.3	30.2	26.4	20.6	19.9
N/A, don't drink	27.8	21.2	12.0	13.2	13.2
No	38.6	46.1	50.5	51.5	39.6
Yes	1.3	2.4	11.0	14.7	27.2

Drive after drinking five or more drinks of alcohol	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	315	245	299	68	385
N/A, don't drive	31.7	31.0	26.4	20.6	20.3
N/A, don't drink	27.9	20.8	12.0	14.7	14.0
No	40.0	48.2	60.5	63.2	64.9
Yes	0.3	0.0	1.0	1.5	0.8

**Q15: During the last 12 months, when you "partied"/socialized, how often did you:**

Alternate non-alcoholic with alcoholic beverages	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	316	247	299	68	387
N/A, don't drink	38.6	32.8	19.4	20.6	19.6
Never	5.1	7.3	7.7	17.6	8.8
Rarely	11.1	13.0	17.7	8.8	10.6
Sometimes	19.0	20.6	23.1	22.1	26.9
Most of the time	18.4	17.0	23.7	20.6	22.0
Always	7.9	9.3	8.4	10.3	12.1

Avoid drinking games	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	314	247	300	68	387
N/A, don't drink	36.9	32.8	19.3	20.6	20.2
Never	8.3	9.7	13.3	23.5	8.0
Rarely	15.6	23.1	21.7	16.2	8.3
Sometimes	19.1	14.2	21.7	11.8	15.8
Most of the time	10.5	13.0	12.3	22.1	17.8
Always	9.6	7.3	11.7	5.9	30.0

Choose not to drink alcohol	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	315	246	299	68	386
N/A, don't drink	34.6	30.1	18.7	20.6	18.4
Never	8.3	4.1	9.0	11.8	10.4
Rarely	15.6	21.1	24.1	23.5	23.6
Sometimes	27.0	28.0	33.4	23.5	32.4
Most of the time	10.2	11.8	12.0	19.1	3.5
Always	4.4	4.9	2.7	1.5	1.8

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<b>Determine, in advance, not to exceed a set number of drinks</b>	<b>Student Standing</b>				
	<b>Undergraduate</b>				<b>Graduate</b>
Percent (%)	<b>2nd Year</b>	<b>3rd Year</b>	<b>4th Year</b>	<b>5th Year or more</b>	<b>Graduate or Professional</b>
N	<b>315</b>	<b>247</b>	<b>298</b>	<b>68</b>	<b>386</b>
N/A, don't drink	39.0	32.4	19.8	22.1	18.7
Never	10.2	12.1	15.8	20.6	15.3
Rarely	11.4	8.1	16.1	7.4	13.2
Sometimes	12.4	15.4	14.4	17.6	20.7
Most of the time	13.3	18.2	18.5	16.2	16.1
Always	13.7	13.8	15.4	16.2	16.1

<b>Eat before and/or during drinking</b>	<b>Student Standing</b>				
	<b>Undergraduate</b>				<b>Graduate</b>
Percent (%)	<b>2nd Year</b>	<b>3rd Year</b>	<b>4th Year</b>	<b>5th Year or more</b>	<b>Graduate or Professional</b>
N	<b>315</b>	<b>246</b>	<b>300</b>	<b>68</b>	<b>387</b>
N/A, don't drink	38.4	32.9	19.3	20.6	18.3
Never	0.6	0.4	1.7	0.0	0.8
Rarely	2.9	1.6	1.3	1.5	1.8
Sometimes	10.2	5.7	11.7	7.4	11.4
Most of the time	22.9	33.3	35.0	42.6	42.1
Always	25.1	26.0	31.0	27.9	25.6

<b>Have a friend let you know when you have had enough</b>	<b>Student Standing</b>				
	<b>Undergraduate</b>				<b>Graduate</b>
Percent (%)	<b>2nd Year</b>	<b>3rd Year</b>	<b>4th Year</b>	<b>5th Year or more</b>	<b>Graduate or Professional</b>
N	<b>315</b>	<b>247</b>	<b>299</b>	<b>68</b>	<b>386</b>
N/A, don't drink	38.1	32.8	20.4	22.1	18.9
Never	12.4	9.7	19.1	26.5	37.0
Rarely	7.9	12.1	12.4	14.7	11.7
Sometimes	12.4	10.9	15.4	5.9	11.4
Most of the time	14.9	16.6	15.7	13.2	10.9
Always	14.3	17.8	17.1	17.6	10.1

Keep track of how many drinks you were having	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	<b>315</b>	<b>247</b>	<b>299</b>	<b>68</b>	<b>387</b>
N/A, don't drink	38.1	32.8	19.4	20.6	18.3
Never	2.2	2.4	3.0	4.4	4.4
Rarely	6.3	3.2	7.0	8.8	5.2
Sometimes	10.5	11.3	14.7	13.2	10.1
Most of the time	20.0	21.1	25.8	19.1	20.9
Always	22.9	29.1	30.1	33.8	41.1

Pace your drinks to 1 or fewer per hour	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	<b>313</b>	<b>247</b>	<b>299</b>	<b>68</b>	<b>386</b>
N/A, don't drink	38.7	33.2	19.4	22.1	18.7
Never	16.0	12.6	15.1	14.7	9.6
Rarely	16.3	20.2	16.4	16.2	11.4
Sometimes	14.4	18.2	25.4	25.0	19.7
Most of the time	8.0	10.5	14.7	10.3	22.0
Always	6.7	5.3	9.0	11.8	18.7

Stay with the same group of friends the entire time you were drinking	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	<b>314</b>	<b>247</b>	<b>299</b>	<b>67</b>	<b>384</b>
N/A, don't drink	38.2	32.8	19.4	20.9	19.3
Never	1.0	1.2	2.0	3.0	1.3
Rarely	1.9	2.8	1.3	1.5	1.3
Sometimes	5.1	6.1	10.0	6.0	3.6
Most of the time	26.1	27.5	33.4	31.3	30.2
Always	27.7	29.6	33.8	37.3	44.3

Stick with only one kind of alcohol when drinking	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	313	247	299	67	384
N/A, don't drink	38.3	33.2	19.4	22.4	18.8
Never	5.8	5.3	5.4	4.5	2.9
Rarely	14.4	16.2	13.0	16.4	7.0
Sometimes	23.3	23.5	27.8	25.4	24.7
Most of the time	12.1	15.8	24.7	16.4	37.2
Always	6.1	6.1	9.7	14.9	9.4

Use a designated driver	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	311	246	297	67	384
N/A, don't drink	42.4	36.6	22.2	20.9	19.8
Never	2.3	2.0	3.7	1.5	4.2
Rarely	1.6	2.0	1.7	4.5	3.1
Sometimes	3.2	3.7	4.7	7.5	10.7
Most of the time	7.1	10.2	12.8	9.0	16.4
Always	43.4	45.5	54.9	56.7	45.8

**Q16: During the last 12 months, have you experienced any of the following when drinking alcohol?**

Did something you later regretted	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	315	247	299	68	38
N/A, don't drink	39.0	33.6	20.1	20.6	19.1
No	37.5	45.3	52.5	48.5	60.7
Yes	23.5	21.1	27.4	30.9	20.2

Forgot where you were or what you did	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	316	247	299	67	387
N/A, don't drink	38.9	33.6	19.7	20.9	19.1
No	39.6	46.6	50.5	53.7	67.2
Yes	21.5	19.8	29.8	25.4	13.7



Got in trouble with the police	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	314	245	299	68	387
N/A, don't drink	39.2	33.9	19.7	20.6	19.1
No	59.9	64.9	78.3	79.4	80.1
Yes	1.0	1.2	2.0	0.0	0.8

Someone had sex with me without my consent	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	314	247	299	68	387
N/A, don't drink	38.5	34.0	19.7	20.6	19.1
No	58.9	64.4	78.3	77.9	80.1
Yes	2.5	1.6	2.0	1.5	0.8

Had sex with someone without their consent	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	315	247	299	67	387
N/A, don't drink	38.7	33.6	19.7	20.9	19.1
No	60.6	66.0	80.3	79.1	80.9
Yes	0.6	0.4	0.0	0.0	0.0

Had unprotected sex	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	315	247	299	68	387
N/A, don't drink	39.0	33.6	19.7	19.1	19.1
No	52.4	56.3	67.6	66.2	70.0
Yes	8.6	10.1	12.7	14.7	10.9

Physically injured yourself	Student Standing				
	Undergraduate				Graduate
	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
Percent (%)					
N	315	247	299	68	387
N/A, don't drink	38.7	34.0	19.7	20.6	19.1
No	52.4	59.9	69.2	69.1	77.3
Yes	8.9	6.1	11.0	10.3	3.6

Physically injured another person	Student Standing				
	Undergraduate				Graduate
	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
Percent (%)					
N	314	247	299	68	387
N/A, don't drink	38.9	34.0	19.7	20.6	19.1
No	60.5	65.2	79.3	79.4	80.9
Yes	0.6	0.8	1.0	0.0	0.0

Seriously considered suicide	Student Standing				
	Undergraduate				Graduate
	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
Percent (%)					
N	315	246	298	68	387
N/A, don't drink	38.7	34.1	19.8	20.6	19.1
No	60.0	65.0	77.2	79.4	79.8
Yes	1.3	0.8	3.0	0.0	1.0

**Q18: During the last 12 months, have you experienced any of the following when drinking alcohol?**

Antidepressants (e.g., Celexa, Lexapro, Prozac, Wellbutrin, Zoloft)	Student Standing				
	Undergraduate				Graduate
	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
Percent (%)					
N	317	247	298	68	387
No	98.4	99.6	98.3	98.5	98.4
Yes	1.6	0.4	1.7	1.5	1.6

Erectile dysfunction drugs (e.g., Viagra, Cialis, Levitra)	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	317	246	299	68	387
No	99.7	100.0	99.7	100.0	99.5
Yes	0.3	0.0	0.3	0.0	0.5

Pain killers (e.g., OxyContin, Vicodin, Codeine)	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	317	247	299	68	387
No	97.2	95.5	96.0	97.1	97.4
Yes	2.8	4.5	4.0	2.9	2.6

Sedatives (e.g., Xanax, Valium)	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	317	247	298	67	387
No	97.5	98.8	97.7	98.5	98.2
Yes	2.5	1.2	2.3	1.5	1.8

Stimulants (e.g., Ritalin, Adderall)	Student Standing				
	Undergraduate				Graduate
Percent (%)	2nd Year	3rd Year	4th Year	5th Year or more	Graduate or Professional
N	314	247	299	68	386
No	95.5	97.2	90.6	91.2	97.7
Yes	4.5	2.8	9.4	8.8	2.3