

***The following presentation was delivered to the Healthy Campus Initiative Steering Committee in 2018. Please note that the slides may not provide the full context of the content presented. More information can be provided upon request.***

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A black and white photograph of a hand holding a camera lens. The lens is the central focus, with its internal elements visible. The text '2017 Graduate Student Survey Data Snapshots' is overlaid in white on the lens. A large, semi-transparent blue watermark 'UCLA SAIRRO' is also present across the image.

2017 Graduate  
Student  
Survey Data  
Snapshots

# Survey Context

All currently enrolled  
graduate &  
professional students  
invited

**26%**  
Response Rate

Administered online  
during  
Spring/Summer 2017

Covers a variety of  
topics, including  
wellness

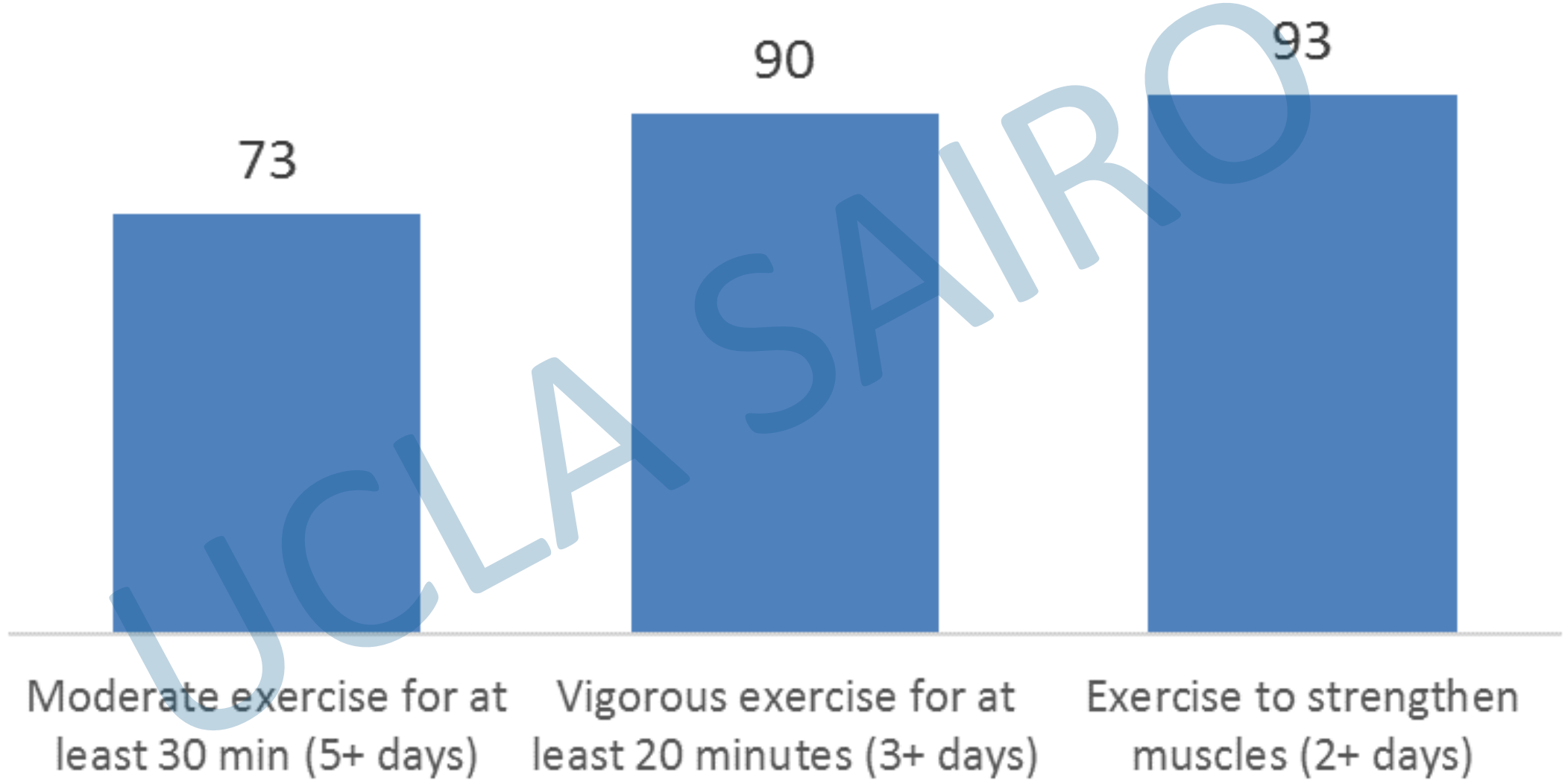
# Move Well Snapshots



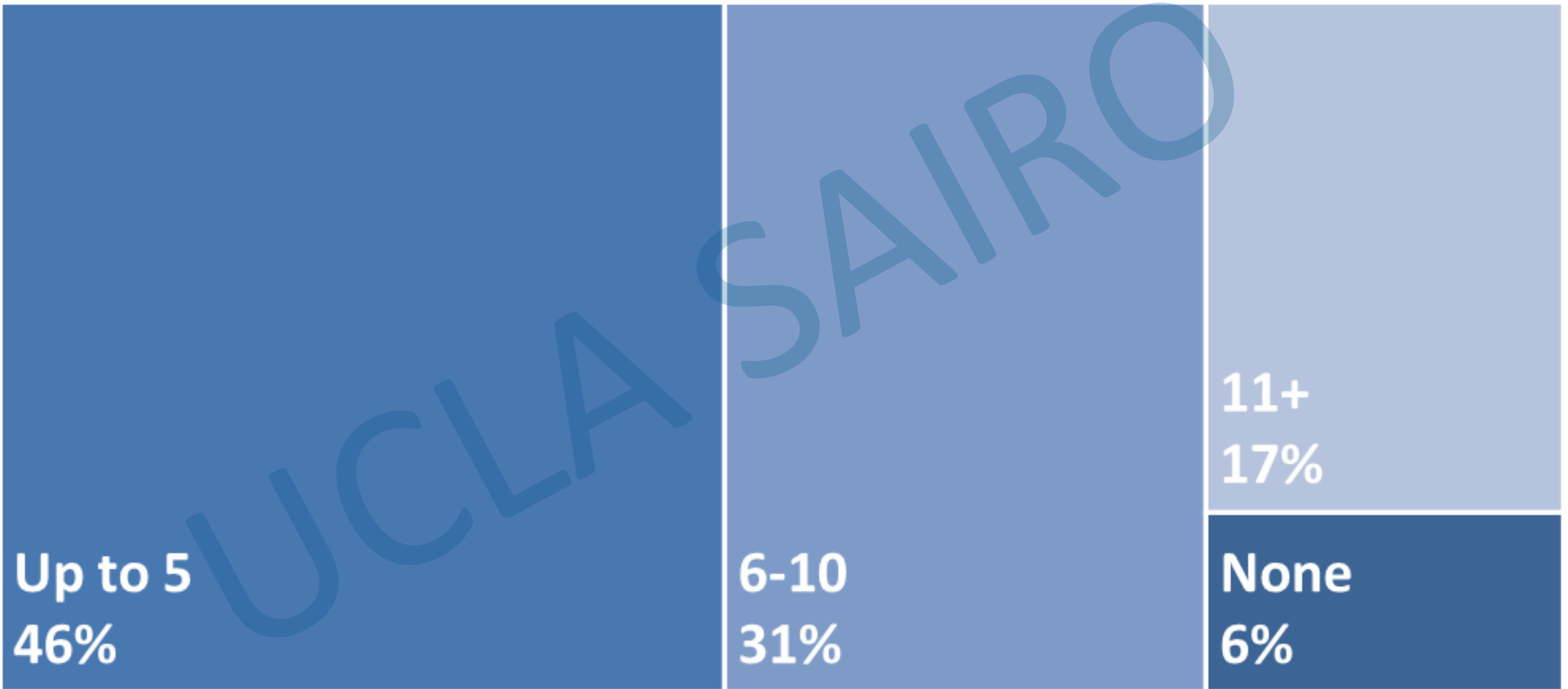
# Rating: Overall Physical Health



# Percent **NOT** meeting AHA Exercise Recommendations



## Average hours per week spent commuting



# Mind Well Snapshots





# Rating: Overall Mental Health



■ Poor ■ Fair ■ Good ■ Very good ■ Excellent

# Rating: Average Stress Level

Since the beginning of the academic year

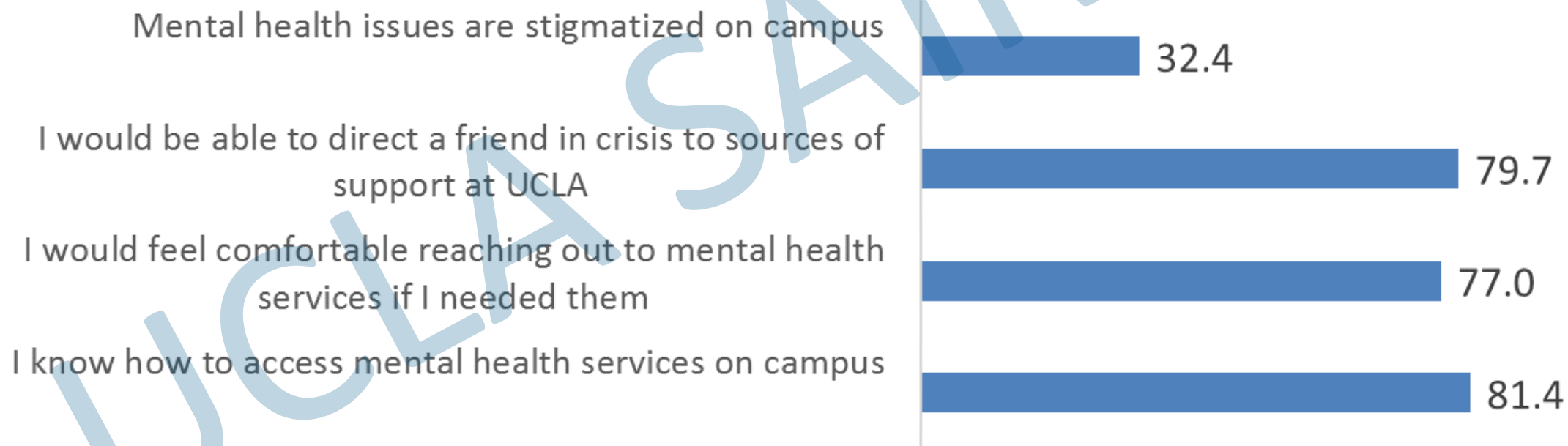
52% High Stress or Very High Stress



- Very low stress
- Low stress
- Moderate stress
- High stress
- Very high stress

# General comfort with accessing mental health services

% agree and strongly agree

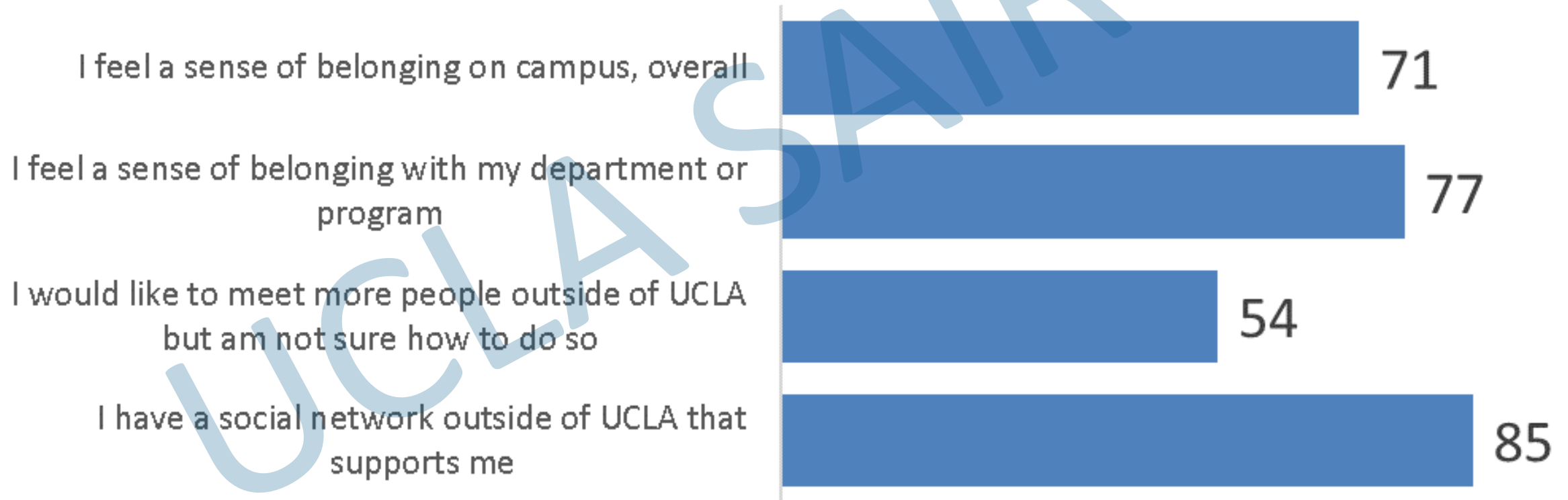


# Engage Well Snapshots



# Overall good levels of connection; but room for improvement

% reporting "agree" or "strongly agree"



# More satisfaction with opportunities to interact within department than outside

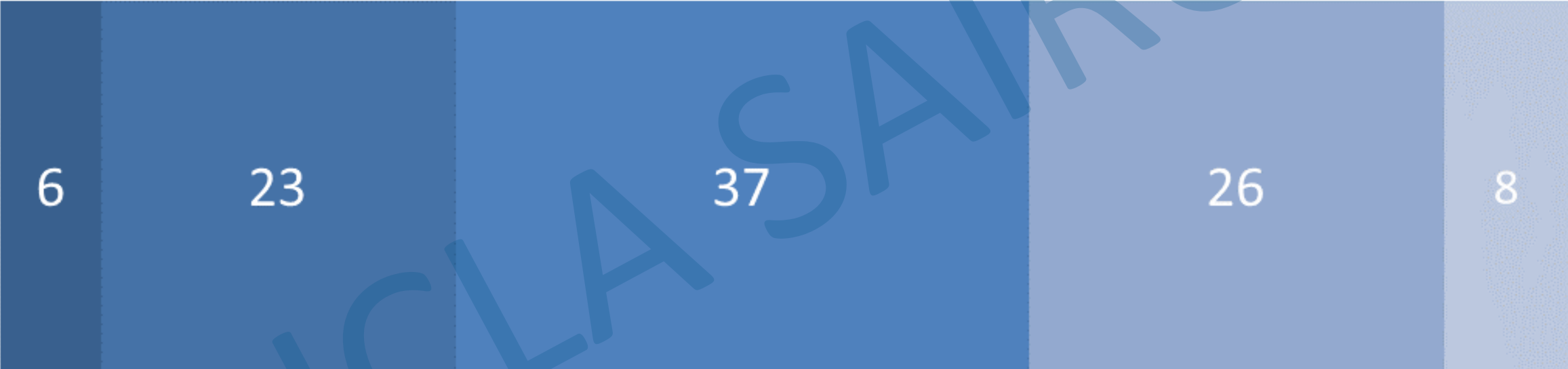
% reporting "agree" or "strongly agree" that they have "sufficient opportunity to"...



# Eat Well Snapshots



# Rating: Overall Diet

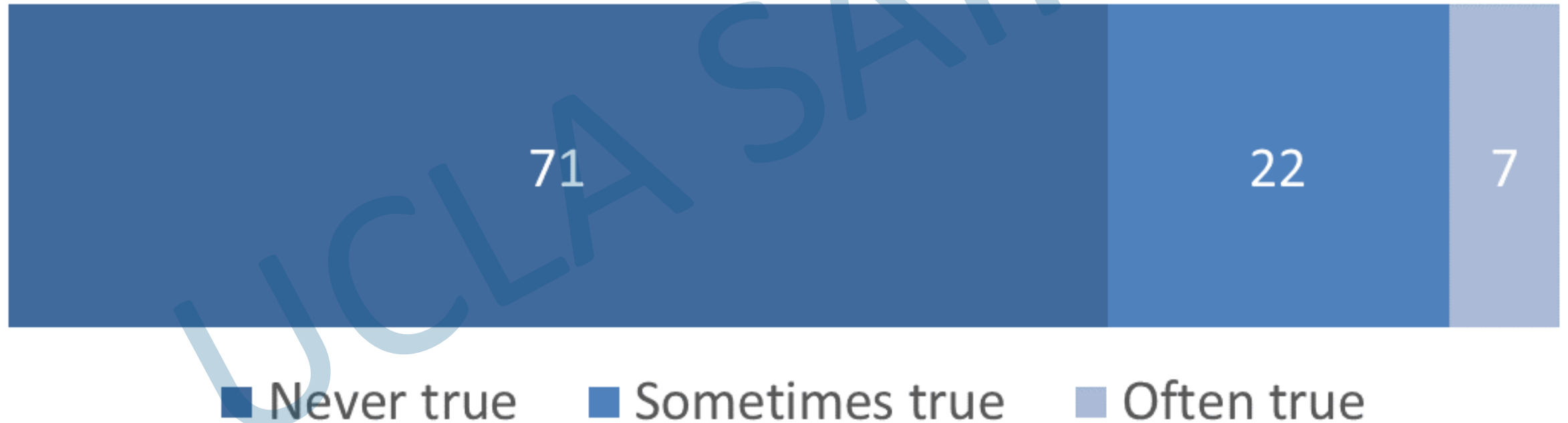


■ Poor ■ Fair ■ Good ■ Very good ■ Excellent



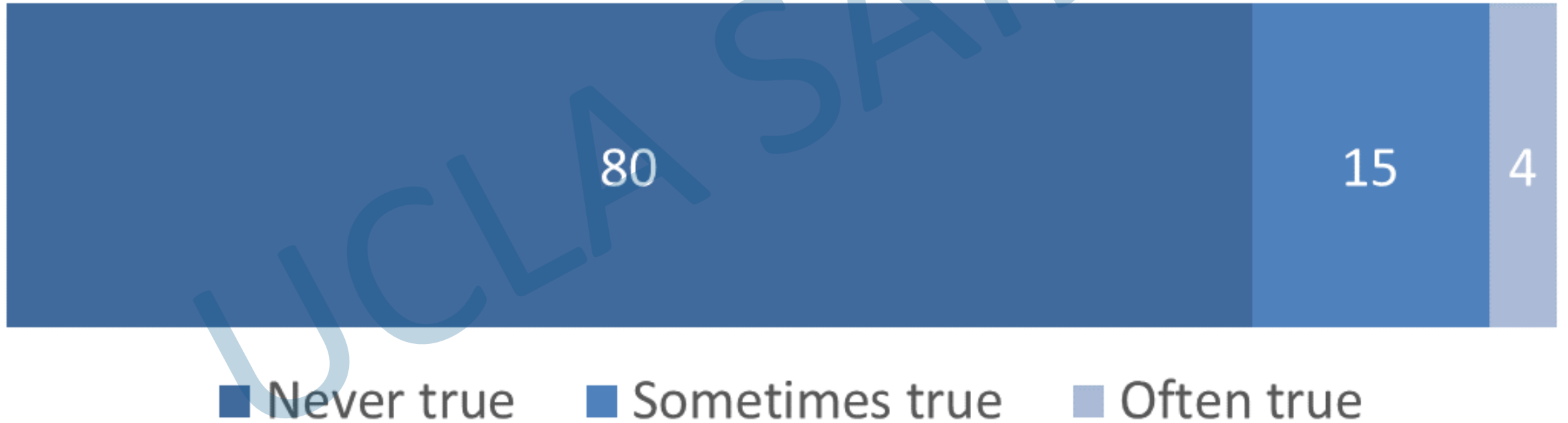
# I was worried whether my food would run out before I got money to buy more.

In the past 12 months



# The food that I bought just didn't last, and I didn't have money to get more.

In the past 12 months



# Aggregate Food Security Measure



# BE Well Snapshots



# Quality of Housing

**55%**

**“Satisfied” or “Very Satisfied”**

The costs associated with your current housing situation.

**81%**

**“Satisfied” or “Very Satisfied”**

The location and condition of your current housing situation.

# Commuting

**77%**

**“Satisfied” or “Very Satisfied”**

with their current  
commuting options.

**37%**

Commuting/Transportation

**“somewhat” or “significantly” slowed**

academic progress

## Commuting Methods

% who use "almost every day"

Car	32.0
Bus/metro	26.3
Walk	24.3
Bike	5.6
Carpool	3.7
Uber/Lyft	.6

# Financial Concern

53%

“Disagree” or “Strongly Disagree”

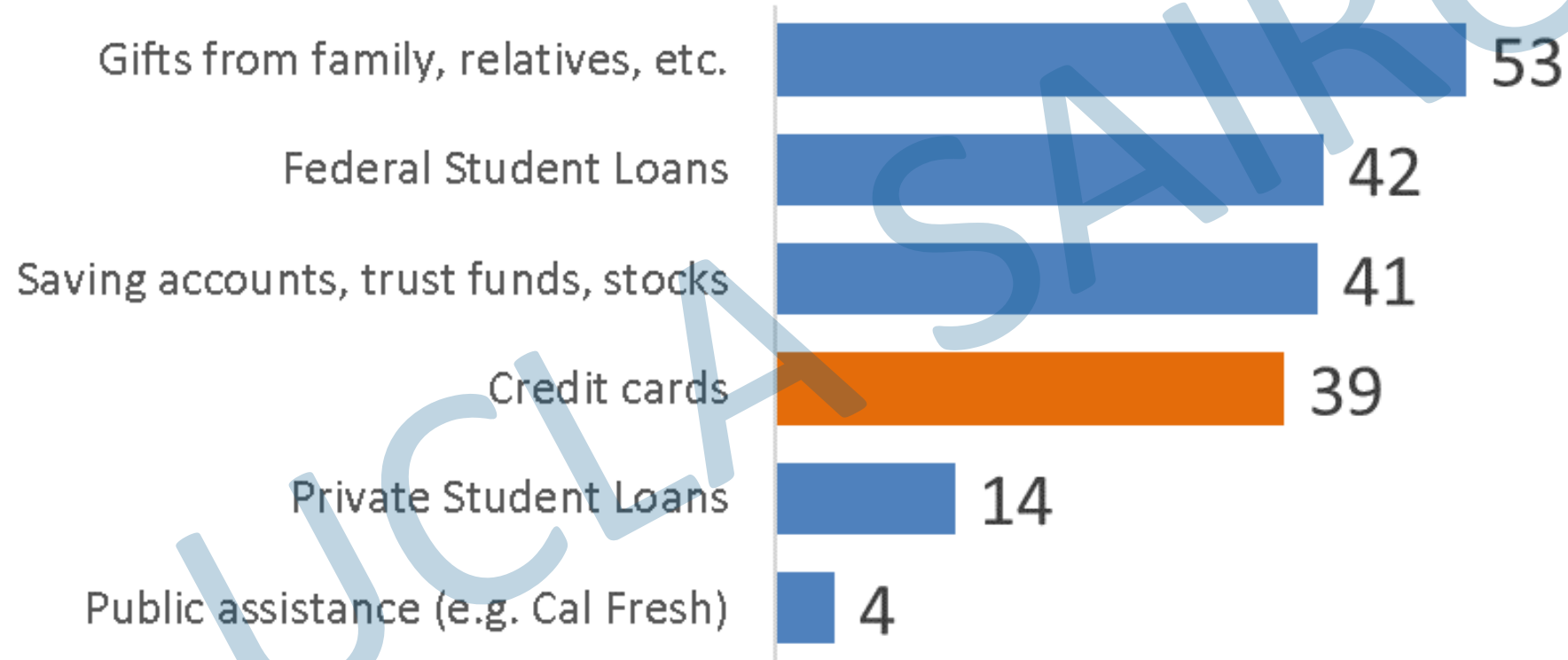
The cost to attend UCLA is manageable.

47%

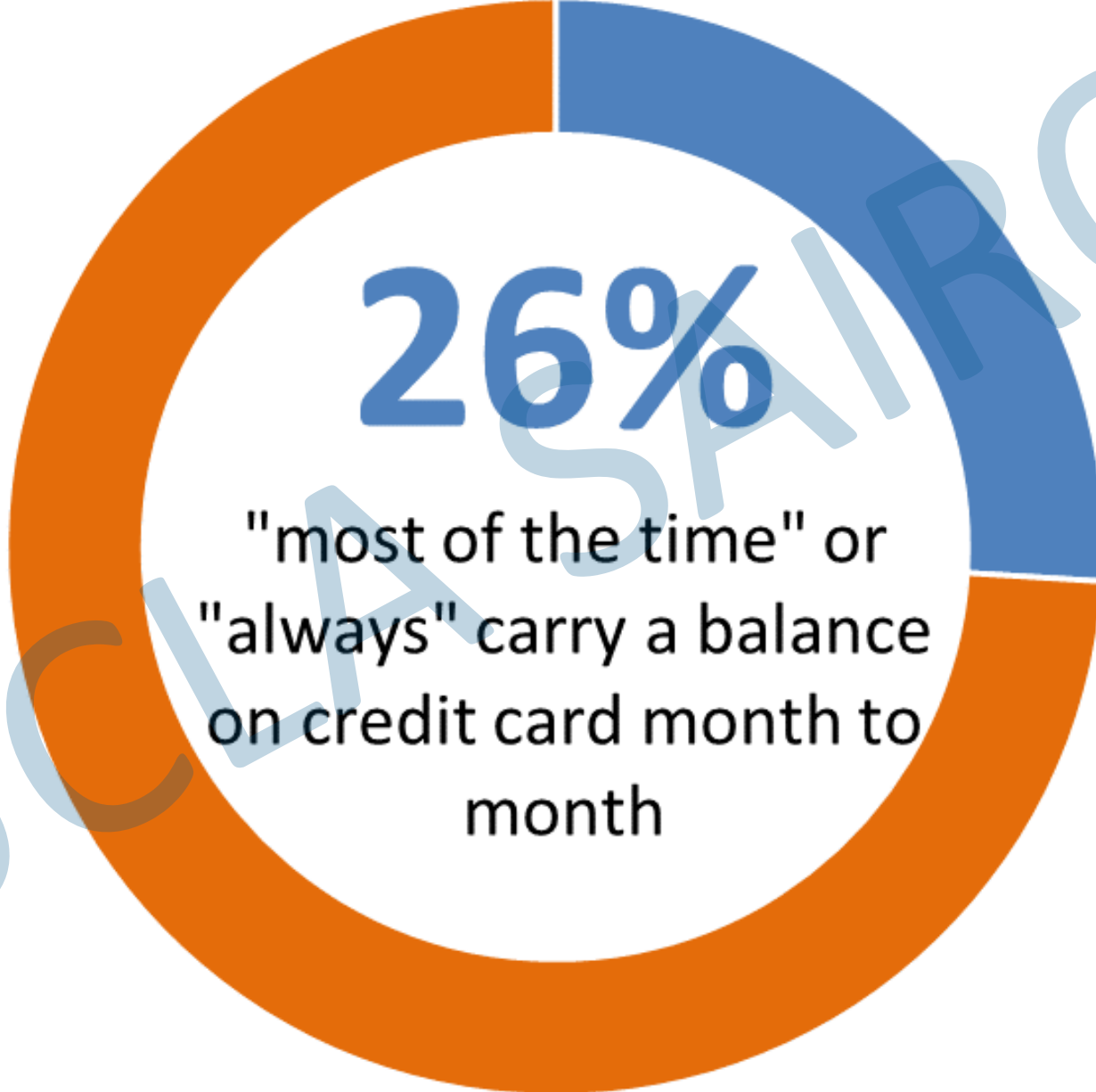
Report that their **total income is not sufficient** to cover expenses.

# Methods for resolving the gap between income and expenses

% reporting







A donut chart with two segments: a blue segment representing 26% and an orange segment representing 74%. The chart is centered on a white background with a large, faint watermark reading 'SUCCESS STORY'.

26%

"most of the time" or  
"always" carry a balance  
on credit card month to  
month

# What's Next?

## **SKILLS**

Dashboards  
By school/ division

## **SUMMARY TABLES**

All items

## **GSA Q's**

Parking  
Health Insurance

## **MENTORING**

Relationship to  
climate.  
Variations across  
campus?

## **FINANCIAL WELLNESS**

ID areas for focus.