

National College Health Assessment

The ACHA-NCHA asks about various aspects of your health and is completely voluntary. You may skip any question you do not want to answer. You may complete the survey in multiple sessions. This survey link is unique to you. You may begin the survey on one device and continue where you left off on another device. Use the buttons at the bottom of survey to navigate through the survey. Do not use your browser's back button. The survey is confidential. When you hit the "Submit Survey" button on the last page of the survey, the link between your email address and your survey responses is destroyed. By clicking the 'Begin Survey' button below, you agree that:

- · the purpose of this study has been thoroughly explained to you;
- you are at least 18 years of age;
- and you consent to participate in the survey.

Please direct any questions about the survey to the campus contact identified in your survey invitation email.

Health, Health Education, and Safety

1)	How would	vou describe	VOUL	general	health?
_ ,	now would	VUU UESCI IDI	= vuui	uenerai	HEALLIS

- O Excellent
- O Very Good
- O Good
- O Fair
- O Poor
- O Don't Know

2A) Have you received information on the following topics from your college or university? (Please mark the appropriate column for each row)

	No	Yes
Alcohol and other drug use	•	•
Cold/Flu/Sore throat	•	•
Depression/Anxiety	•	0
Eating disorders	•	0
Grief and loss	•	0
How to help others in distress	•	0
Injury prevention	•	9
Nutrition	•	
Physical activity	•	0
Pregnancy prevention	0	0

2B) Have you received information on the following topics from your college or university? (Please mark the appropriate column for each row)

	No	Yes
Problem use of Internet/computer games	20	0
Relationship difficulties		O
Sexual assault/Relationship violence prevention	069	0
Sexually transmitted disease/infection (STD/I) prevention	•	•
Sleep difficulties	•	O
Stress reduction	•	O
Suicide prevention	•	O
Tobacco use	•	O
Violence prevention	•	O

3A) Are you interested in receiving information on the following topics from your college or university? (Please mark the appropriate column for each row)

	No	Yes
Alcohol and other drug use	0	•
Cold/Flu/Sore throat	•	•
Depression/Anxiety	•	•
Eating disorders	•	0
Grief and loss	•	0
How to help others in distress	•	o
Injury prevention	•	
Nutrition	•	
Physical activity	•	0
Pregnancy prevention	0	0

3B) Are you interested in receiving information on the following topics from your college or university? (Please mark the appropriate column for each row)

	No	Yes
Problem use of Internet/computer games	20	0
Relationship difficulties		O
Sexual assault/Relationship violence prevention	069	0
Sexually transmitted disease/infection (STD/I) prevention	•	•
Sleep difficulties	•	O
Stress reduction	•	O
Suicide prevention	•	O
Tobacco use	•	O
Violence prevention	•	O

4) Within the <u>last 12 months</u>, how often did you: (Please mark the appropriate column for each row)

	N/A, did not do this activity within the last 12 months	Never	Rarely	Sometimes	Most of the time	Always
Wear a seat belt when you rode in a car?	•	•	•	0	O	0
Wear a helmet when you rode a bicycle?	•	•	•	•	0	o
Wear a helmet when you rode a motorcycle?	•	•	•	•	180	0
Wear a helmet when you were in- line skating?	•	•	•	10:	0	0

5) Within the <u>last 12 months</u>: (Please mark the appropriate column for each row)

	No	Yes
Were you in a physical fight?	0, 0	0
Were you physically assaulted (do not include sexual assault)?		•
Were you verbally threatened?	•	•
Were you sexually touched without your consent?	•	0
Was sexual penetration attempted (vaginal, anal, oral) without your consent?	•	•
Were you sexually penetrated (vaginal, anal, oral) without your consent?	•	•
Were you a victim of stalking (e.g., waiting for you outside your classroom, residence, or office; repeated emails/phone calls)?	•	•

6) Within the <u>last 12 months</u>, have you been in an intimate (coupled/partnered) relationship that was: (Please mark the appropriate column for each row)

	No	Yes
Emotionally abusive? (e.g., called derogatory names, yelled at, ridiculed)	•	•
Physically abusive? (e.g., kicked, slapped, punched)	•	0
Sexually abusive? (e.g., forced to have sex when you didn't want it, forced to perform or have an unwanted sexual act performed on you)	0	orohilo

7) How safe do you feel: (Please mark the appropriate column for each row)

	Not safe at all	Somewhat unsafe	Somewhat safe	Very safe
On this campus (daytime)?	•	0 2	5 0	0
On this campus (nighttime)?	•	0,0	0	O
In the community surrounding this school (daytime)?	0	260	•	•
In the community surrounding this school (nighttime)?	CONTRACTOR	•	•	•

Alcohol, Tobacco, and Drugs

8A) Within the <u>last 30 days</u>, on how many days did you use: (Please mark the appropriate column for each row)

	Never used	Have used, but not in last 30 days	1-2 days	3-5 days	6-9 days	10- 19 days	20- 29 days	Used daily
Cigarettes	0	0	0	0	0	•	0	0
E-cigarettes	O	O	•	O	•	O	0	0
Tobacco from a water pipe (hookah)	•	•	0	0	•	0	0	0
Cigars, little cigars, clove cigarettes	•	•	0	•	o	o	•	O
Smokeless tobacco	0	•	O	0	0	O	•	O
Alcohol (beer, wine, liquor)	O	•	0	0	O	O	O	O
Marijuana (pot, weed, hashish, hash oil)	•	•	0	0	o	O	•	O
Cocaine (crack, rock, freebase)	O	0	o	•	O	O	•	O
Methamphetamine (crystal meth, ice, crank)	•	00	0	0	•	O	0	0
Other amphetamines (diet pills, bennies)	0		0	0	0	0	0	0

8B) Within the <u>last 30 days</u>, on how many days did you use: (Please mark the appropriate column for each row)

Sedatives (downers, ludes) Hallucinogens (LSD, PCP) Anabolic steroids (Testosterone) Opiates (heroin, smack) Inhalants (glue, solvents, gas) MDMA (Ecstasy) Other club drugs (GHB, Ketamine, Rohypnol) Other illegal drugs						0 0 0		
(LSD, PCP) Anabolic steroids (Testosterone) Opiates (heroin, smack) Inhalants (glue, solvents, gas) MDMA (Ecstasy) Other club drugs (GHB, Ketamine, Rohypnol) Other illegal	o o o o	• • •	o o o	0	o	0	0	
(Testosterone) Opiates (heroin, smack) Inhalants (glue, solvents, gas) MDMA (Ecstasy) Other club drugs (GHB, Ketamine, Rohypnol) Other illegal	o o o	• •	0 0	0	0	0		
smack) Inhalants (glue, solvents, gas) MDMA (Ecstasy) Other club drugs (GHB, Ketamine, Rohypnol) Other illegal	o o	o	0	O		8		
solvents, gas) MDMA (Ecstasy) Other club drugs (GHB, Ketamine, Rohypnol) Other illegal	o o	O	•		0	0		
MDMA (Ecstasy) Other club drugs (GHB, Ketamine, Rohypnol) Other illegal	•			0	0			
(GHB, Ketamine, Rohypnol) Other illegal		•					•	
			O	0	O	•	•	
urugs	•	•	0	0	O	O	O	
30 Pyriolit ACHARel								

9A) Within the <u>last 30 days</u>, how often do you think the typical student at your school used: (State your best estimate; Please mark the appropriate column for each row)

	Never used	Have used, but not in last 30 days	1-2 days	3-5 days	6-9 days	10- 19 days	20- 29 days	Used daily
Cigarettes	O	•	O	O	0	0	•	0
E-cigarettes	O	O	O	O	0	O	O .	O
Tobacco from a water pipe (hookah)	O	•	O	O	o	O	0	O
Cigars, little cigars, clove cigarettes	O	•	O	O	0	0	o	O
Smokeless tobacco	O	•	0	O	0	0	O	O
Alcohol (beer, wine, liquor)	O	•	0	0	0	O	o	O
Marijuana (pot, weed, hashish, hash oil)	O	•	0	QC.	O	•	O	O
Cocaine (crack, rock, freebase)	O	•	0	0	O	o	O	O
Methamphetamine (crystal meth, ice, crank)	0	0	0	O	O	O	O	0
Other amphetamines (diet pills, bennies)	•	80	0	O	•	O	•	0

9B) Within the <u>last 30 days</u>, how often do you think the typical student at your school used: (State your best estimate; Please mark the appropriate column for each row)

	Never used	Have used, but not in last 30 days	1-2 days	3-5 days	6-9 days	10- 19 days	20- 29 days	Used daily
Sedatives (downers, ludes)	0	0	O	0	O	•	•	0
Hallucinogens (LSD, PCP)	•	0	O	O	O	O	0	0
Anabolic steroids (Testosterone)	•	0	O	O	O	O	O	o
Opiates (heroin, smack)	•	•	O	O	O	0		o
Inhalants (glue, solvents, gas)	•	•	O	0	0	O	•	O
MDMA (Ecstasy)	O	•	O	0	0	0	•	O
Other club drugs (GHB, Ketamine, Rohypnol)	0	•	•	0		0	0	0
Other illegal drugs	•	•	0	o	O	O	O	o

One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink.

10) The <u>last time</u> you "partied"/socialized how many <u>drinks of alcohol</u> did you have? (If you
dic	I not drink alcohol, please enter 0)
_	Number of Drinks
11) The <u>last time</u> you "partied"/socialized, over how many <u>hours</u> did you drink alcohol? (If
	u did not drink alcohol, please enter 0)
yu	Number of Hours
_	Number of flours
12) How many <u>drinks of alcohol</u> do you think the <u>typical student</u> at your school had the <u>last</u>
	1e he/she "partied"/socialized? (If you think the typical student at your school does not
	nk alcohol, please enter 0)
uii	Number of Drinks
_	Mulliper of Drinks
13) Over the <u>last two weeks</u> , how many times have you had five or more drinks of alcohol at
	sitting?
0	N/A, don't drink
0	None
0	1 time
0	2 times
0	3 times
0	4 times
0	5 times
0	6 times
0	7 times
0	8 times
0	9 times
0	10 or more times
-	

14) Within the <u>last 30 days</u>, did you: (Please mark the appropriate column for each row)

	N/A, don't drive	N/A, don't drink	No	Yes
Drive after drinking any alcohol at all	0	0	0	O
Drive after drinking five or more drinks of alcohol	•	•	•	0

15) During the <u>last 12 months</u>, when you "partied"/socialized, how often did you: (Please mark the appropriate column for each row)

mark the appropriate column		· <i>,</i>				
	N/A, don't drink	Never	Rarely	Sometimes	Most of the time	Always
Alternate non-alcoholic with alcoholic beverages	o	•	•	•	O	0
Avoid drinking games	O .	O .	0	•	0	0
Choose not to drink alcohol	O	•	•	•	0	0
Determine, in advance, not to exceed a set number of drinks	•	•	0	0	80	O
Eat before and/or during drinking	O	•	•	0	O	0
Have a friend let you know when you have had enough	•	•	0	.00	•	•
Keep track of how many drinks you were having	O	•	0	Co	O	0
Pace your drinks to 1 or fewer per hour	O	•		•	O	0
Stay with the same group of friends the entire time you were drinking	•	0	0	•	•	O
Stick with only one kind of alcohol when drinking	0	0	•	•	O	0
Use a designated driver	0	O	•	•	O	O

16) Within the <u>last 12 months</u>, have you experienced any of the following when drinking alcohol? (Please mark the appropriate column for each row)

	N/A don't drink	No	Yes
Did something you later regretted	0	0	0
Forgot where you were or what you did	•	O	O
Got in trouble with the police	•	O	O
Someone had sex with me without my consent	•	O	O
Had sex with someone without their consent	•	O	O
Had unprotected sex	•	O	O
Physically injured yourself	•	O	O
Physically injured another person	O	O	O
Seriously considered suicide	•	O	O

your best estimate.	hat <u>percent</u> of students at your	school used	<u>cigarette</u>	<u>:s</u> ? State		
Percent of Students						
17B) Within the <u>last 30 days</u> , w your best estimate. Percent of Students	hat <u>percent</u> of students at your	school used	<u>alcohol</u> ?	State		
referre of Students				. 26		
17C) Within the <u>last 30 days</u> , w your best estimate.	hat <u>percent</u> of students at your	school used	marijuan	ıa? State		
Percent of Students						
Percent of Students						
18) In the last 12 months have	you taken any of the following	nrescription	drugs th	at were		
-	mark the appropriate column for		urugs tii	at were		
	предоставления предос		No	Yes		
Antidenressants (e.g. Cele	ova Levanro Prozac Wellbutrin	Zoloft)	0	0		
Antidepressants (e.g., Celexa, Lexapro, Prozac, Wellbutrin, Zoloft) Erectile dysfunction drugs (e.g., Viagra, Cialis, Levitra)						
Pain killers (e.g., OxyContin, Vicodin, Codeine)				0		
Sedatives (e.g., Xanax, Valium)				0		
Stimulants		<u> </u>	O			
-	with how many partners have yo					
	e? (If you did not have a sex part	tner within t	ne last 12	2		
months, please enter 0) Number of Partners						
20) Within the last 12 months	did you have sexual partner(s) v	who were: (P	lease ma	ark the		
appropriate column for each ro		(1				
	No		Yes			
Women	Q		0			
Men						
Trans women		0				
Trans men		0				
Genderqueer) O		0			
Person(s) with another			_			
Person(s) with another identity						

21) Within the <u>last 30 days</u>, did you have: (Please mark the appropriate column for each row)

No, have never done this sexual activity		No, have done this sexual activity in the past but not in the last 30 days	Yes		
Oral sex?	O	O .	0		
Vaginal intercourse?	O	O .	0		
Anal intercourse?	O	O	0		

22) Within the <u>last 30 days</u>, how often did you or your partner(s) use a condom or other protective barrier (e.g., male condom, female condom, dam, glove) during: (Please mark the appropriate column for each row)

	N/A, never did this sexual activity	Have not done this sexual activity during the last 30 days	Never	Rarely	Sometimes	Most of the time	Always
Oral sex?	•	•	0	0	•	O	O
Vaginal sex?	O	0	0	0	0	•	O
Anal intercourse?	O	0	0	•	•	0	O

23A) Did you or your partner use a method of birth control to prevent pregnancy the <u>last</u> <u>time</u> you had vaginal intercourse?

Yes

N/A, have not had vaginal intercourse

No, have not had vaginal intercourse that could result in a pregnancy

No, did not want to prevent pregnancy

No, did not use any birth control method

Don't know

23B) Please indicate whether or not you or your partner used each of the following methods of birth control to prevent pregnancy the <u>last time</u> you had vaginal intercourse. (Please mark the appropriate column for each row)

the appropriate column for each	11000)	
	No	Yes
Birth control pills (monthly or extended cycle)	•	0
Birth control shots	•	0
Birth control implants	•	0
Birth control patch	•	o • 10
Vaginal ring	•	0
Intrauterine device (IUD)	•	
Male condom	•	
Female condom	•	O
Diaphragm or cervical cap	•	\circ
Contraceptive sponge	•	0
Spermicide (e.g., foam, jelly, cream)	•	0
Fertility awareness (e.g., calendar, mucous, basal body temperature)	ه کانان	•
Withdrawal	9.0	•
Sterilization (e.g., hysterectomy, tubes tied, or vasectomy)		0
Other method	0	O

24)	Within the last 12 months, have you or your partner(s) used emergency contraception
("n	norning after pill")?
O	N/A, have not had vaginal intercourse in the last 12 months
O	No
O	Yes
O	Don't know
	• 0
25)	Within the last 12 months, have you or your partner(s) become pregnant?

O N/A, have not had vaginal intercourse in the last 12 months

NoYes, unintentionallyYes, intentionally

O Don't know

Weight, Nutrition, and Exercise

26) How do you describe your weight?
O	Very underweight
O	Slightly underweight
O	About the right weight
0	
O	Very overweight
27) Are you trying to do any of the following about your weight?
O	I am not trying to do anything about my weight
O	Stay the same weight
0	Lose weight
O	Gain weight
me	How many servings of fruits and vegetables do you usually have <u>per day</u> ? (1 serving = 1 dium piece of fruit; $\frac{1}{2}$ cup fresh, frozen, or canned fruits/vegetables; $\frac{3}{4}$ cup it/vegetable juice; 1 cup salad greens; or $\frac{1}{4}$ cup dried fruit)
O	0 servings per day
	1-2 servings per day
	3-4 servings per day
	5 or more servings per day
29	On how many of the <u>past 7 days</u> did you: (Please mark the appropriate column for each

row)

	0 days	1 day	2 days	3 days	4 days	5 days	6 days	7 days
Do moderate-intensity cardio or aerobic exercise (caused a noticeable increase in heart rate, such as a brisk walk) for at least 30 minutes?	0	0	O	•	o	•	0	0
Do vigorous-intensity cardio or aerobic exercise (caused large increases in breathing or heart rate, such as jogging) for at least 20 minutes?	0	0	O	•	•	•	O	O
Do 8-10 strength training exercises (such as resistance weight machines) for 8-12 repetitions each?	O	O	O	O	•	O	O	•

Mental Health

30) Have you ever: (Please mark the appropriate column for each row)

50) Have you ever: (Flease mark the a	No, never	No, not in the last 12 months	Yes, in the last 2 weeks	Yes, in the last 30 days	Yes, in the last 12 months
Felt things were hopeless	0	0	0	•	0
Felt overwhelmed by all you had to do	•	O	O	0	
Felt exhausted (not from physical activity)	•	O	O	0	0
Felt very lonely	O	O	O	0	•
Felt very sad	O	O .	0	O	O
Felt so depressed that it was difficult to function	•	o	0	O	o
Felt overwhelming anxiety	O	O	0	0	O
Felt overwhelming anger	O	0	0	0	O
Intentionally cut, burned, bruised, or otherwise injured yourself	•	0	o	O	o
Seriously considered suicide	O		O	O	O
Attempted suicide	O	0	•	0	O
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31A) Within the last 12 months, have you been diagnosed or treated by a professional for any of the following? (Please mark the appropriate column for each row)

31B) Within the <u>last 12 months</u>, have you been diagnosed or treated <u>by a professional for</u> any of the following? (Please mark the appropriate column for each row)

	N o	Yes, diagnose d but not treated	Yes, treated with medicatio n	Yes, treated with psychotherap Y	Yes, treated with medication and psychotherap y	Yes, other treatmen t
Obsessive Compulsive Disorder (OCD)	•	•	•	•	•	
Panic attacks	0	•	•	O	0	· •
Phobia	0	O .	•	O	0	O
Schizophreni a	0	•	•	•	o	•
Substance abuse or addiction (alcohol or other drugs)	0	•	0	°,c'		0
Other addiction (e.g., gambling, internet, sexual)	0	•			•	0
Other mental health condition	0	0		0	0	O

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\sim	BI -
()	NO

O Ves

33) Within the <u>last 12 months</u>, have any of the following been traumatic or very difficult for you to handle? (Please mark the appropriate column for each row)

	No	Yes
Academics	O	0
Career-related issue	•	•
Death of a family member or friend	•	•
Family problems	•	0
Intimate relationships	•	0 10
Other social relationships	•	0
Finances	•	20
Health problem of a family member or partner	•	
Personal appearance	•	•
Personal health issue	•	0
Sleep difficulties	•	•
Other	0	0

34) Have you ever received psychological or mental health services from any of the following? (Please mark the appropriate column for each row)

	No	Yes
Counselor/Therapist/Psychologist	0,0	0
Psychiatrist	0	•
Other medical provider (e.g., physician, nurse practitioner)	•	0
Minister/Priest/Rabbi/Other clergy	•	0

0	No
O	No Yes
36)	If in the future you were having a personal problem that was really bothering you,

35) Have you ever received psychological or mental health services from your current

would you consider seeking help from a mental health professional?

O No

Yes

college/university's Counseling or Health Service?

O Tremendous stress			
Physical Health			:101:
38) Within the <u>last 30 da</u> column for each row)	ays, did you do any of	the following? (Pleas	se mark the appropriate
		No	Yes
Exercise to lose weight	ght		O
Diet to lose weigh	t)	0
Vomit or take laxative lose weight	es to		O
Take diet pills to lose w	veight (O
39) Have you: (Please m	ark the appropriate c	olumn for each row)	
	No	Yes	Don't know
Had a dental exam and cleaning in the last 12 months?	ones	•	0
(Males) Performed a testicular self exam in the last 30 days?	9	0	O
(Females) Performed a breast self exam in the last 30 days?		•	O
(Females) Had a routine gynecological exam in the last 12 months?	0	0	O
Used sunscreen regularly with sun exposure?	O	•	O
Ever been tested for Human			

37) Within the <u>last 12 months</u>, how would you rate the overall level of stress you have

experienced?O No stress

O Average stress

O Less than average stress

O More than average stress

Virus (HIV) infection?

40) Have you received the following vaccinations (shots)? (Please mark the appropriate column for each row)

	No	Yes	Don't know
Hepatitis B	0	0	0
Human Papillomavirus/HPV (cervical cancer vaccine)	•	0	• • • • • • • • • • • • • • • • • • • •
Influenza (the flu) in the last 12 months (shot or nasal mist)	•	•	0,10
Measles, Mumps, Rubella	0	•	6
Meningococcal disease (meningococcal meningitis)	0	°	•
Varicella (chicken pox)	0	0	•

41A) Within the <u>last 12 months</u>, have you been diagnosed or treated <u>by a professional</u> for any of the following? (Please mark the appropriate column for each row)

,		•
	No	Yes
Allergies	0,0	•
Asthma		O
Back pain	0	O
Broken bone/Fracture/Sprain	•	•
Bronchitis	•	O
Chlamydia	•	O
Diabetes	•	O
Ear infection	•	O
Endometriosis	•	O
Genital herpes	•	O
Genital warts/Human Papillomavirus (HPV)	•	•
Gonorrhea	•	O
Hepatitis B or C	•	•

41B) Within the <u>last 12 months</u>, have you been diagnosed or treated <u>by a professional</u> for any of the following? (Please mark the appropriate column for each row)

uni, or the remember (1 rease in		,
	No	Yes
High blood pressure	•	O
High cholesterol	•	•
Human Immunodeficiency Virus (HIV)	•	0
Irritable Bowel Syndrome (IBS)	•	0 :10
Migraine headache	•	0
Mononucleosis	•	9
Pelvic Inflammatory Disease (PID)	•	00
Repetitive stress injury (e.g., carpal tunnel syndrome)	•	0
Sinus infection	•	0
Strep throat	0	0
Tuberculosis	0	•
Urinary tract infection	0	O

42) On how n	nany of the past 7 days did you get enough sleep so that you felt rested when					
yo	u woke up	in the morning?					
\mathbf{C}	0 days						
\mathbf{C}	1 day						
\mathbf{C}	2 days						
\mathbf{O}	3 days						
\mathbf{O}	4 days						
\mathbf{O}	5 days						
\mathbf{O}	6 days						
\mathbf{O}	7 days						
43) People sometimes feel sleepy during the daytime. In the past 7 days, how much of a							
nr	hlem have	you had with sleenings (feeling sleeny, struggling to stay awake) during you					

- problem have you had with sleepiness (feeling sleepy, struggling to stay awake) during your daytime activities?
- O No problem at all
- O A little problem
- O More than a little problem
- O A big problem
- O A very big problem

44) In the past 7 days, how often have you: (Please mark the appropriate column for each row)

	iow)								
		0 days	1 day	2 days	3 days	4 days	5 days	6 days	7 days
	Awakened too early in the morning and couldn't get back to sleep?	O	O	•	O	0	O	•	0
	Felt tired, dragged out, or sleepy during the day?	0	O	O	O	O	O	0	o
	Gone to bed because you just could not stay awake any longer?	•	O	•	O	O	O	0	0
	Had an extremely hard time falling asleep?	0	0	0	0	0	9	O	0
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	, , ,								

Impediments to Academic Performance

45A) Within the <u>last 12 months</u>, have any of the following affected your academic performance? (Please select the most serious outcome for each item below)

	This did not happen to me/not applicabl e	I have experience d this issue but my academics have not been affected	Received a lower grade on an exam or importan t project	Receive d a lower grade in the course	Received an incomplet e or dropped the course	Significant disruption in thesis, dissertation , research, or practicum work
Alcohol use	O	•	O	O	0	0
Allergies	0	O	O .	O .	0	O
Anxiety	0	O	O .	O	0	O
Assault (physical)	O	•	O	0	6	O
Assault (sexual)	O	•	O	0	0	O
Attention Deficit and Hyperactivity Disorder (ADHD)	0	0	30%	0	•	•
Cold/Flu/Sor e throat	0	000	0	O	0	O
Concern for a troubled friend or family member	0		0	0	•	•

45B) Within the <u>last 12 months</u>, have any of the following affected your academic performance? (Please select the most serious outcome for each item below)

	This did not happen to me/not applicabl e	I have experience d this issue but my academics have not been affected	Received a lower grade on an exam or importan t project	Receive d a lower grade in the course	Received an incomplet e or dropped the course	Significant disruption in thesis, dissertatio n, research, or practicum work
Chronic health problem or serious illness (e.g., diabetes, asthma, cancer)	0	0	0	0	8	o
Chronic pain	O	O	O	0	0	O
Death of a friend or family member	•	•	•	0	•	O
Depression	O	O	0	0	O	O
Discrimination (e.g., homophobia, racism, sexism)	0	0	100	0	0	0
Drug use	O	0	Q _o	O	O	O
Eating disorder/proble m	•	8	0	0	•	o
Finances	0	O	O .	O .	•	O

45C) Within the <u>last 12 months</u>, have any of the following affected your academic performance? (Please select the most serious outcome for each item below)

	This did not happen to me/not applicabl e	I have experience d this issue but my academics have not been affected	Received a lower grade on an exam or importan t project	Receive d a lower grade in the course	Received an incomplet e or dropped the course	Significant disruption in thesis, dissertation , research, or practicum work
Gambling	O	O .	O	O	•	O
Homesickness	•	O .	O .	O	0	0
Injury (fracture, sprain, strain, cut)	•	•	•	•		•
Internet use/computer games	•	•	•	0	0	•
Learning disability	•	•	0		•	O
Participation in extracurricula r activities (e.g., campus clubs, organizations, athletics)	•	° 6-6		•	•	•
Pregnancy (yours or your partner's)	0	0	•	0	•	•
Relationship difficulties	0	•	O	O	•	0

45D) Within the <u>last 12 months</u>, have any of the following affected your academic performance? (Please select the most serious outcome for each item below)

	This did not happen to me/not applicab le	I have experienc ed this issue but my academic s have not been affected	Receive d a lower grade on an exam or importa nt project	Receiv ed a lower grade in the course	Received an incomple te or dropped the course	Significan t disruption in thesis, dissertati on, research, or practicum work
Roommate difficulties	O	0	0	0	0	O
Sexually transmitted disease/infection (STD/I)	0	•	0	O	0	0
Sinus infection/Ear infection/Bronchitis/ Strep throat	•	•	0	.00	0	O
Sleep difficulties	O	0	0	0	O	O
Stress	O	0	9	0	O	O
Work	O	O	0	0	0	0
Other (please specify below)	O	0	Co	O	O	•

Demographic Characteristics

46)) How old are you?
	Years
47	A) What sex were you assigned at birth, such as on an original birth certificate?
0	Female
0	Male
•	Paric
47	P) Do you identify as transgender?
4/1	B) Do you identify as transgender?
\mathbf{O}	No
\mathbf{O}	Yes
47	C) Which term do you use to describe your gender identity?
0	Woman
0	Man
0	Trans woman
0	Trans man
O	Genderqueer
0	Another identity (please specify)
•	Another identity (please specify)

O O) What term best describes your sexual orientation? Asexual Bisexual Gay Lesbian
0 0 0	Pansexual Queer Questioning Same Gender Loving
	Straight/Heterosexual Another identity (please specify)
	Alighi Acida Reelian Company of the

49) What is your height in feet (') and inches (")?
O	Under 3' 6"
O	3' 6"
O	
O	
O	
O	7' 0"
0	Over 7' 0"
50) What is your weight in pounds?
	Pounds
51) What is your year in school?
O	1st year undergraduate
\mathbf{O}	2nd year undergraduate
O	3rd year undergraduate
O	4th year undergraduate
O	5th year or more undergraduate
O	Graduate or professional
O	Not seeking a degree
\mathbf{c}	Other
52) What is your enrollment status?
0	
0	Part-time
O	Other
53	Have you transferred to this college or university within the last 12 months?
0	No
\mathbf{c}	Yes
54	How do you usually describe yourself? (Mark all that apply)
	White
	Black
	Hispanic or Latino/a
	Asian or Pacific Islander
	American Indian, Alaskan Native, or Native Hawaiian
	Biracial or Multiracial
	Other
	9 '
55	Are you an international student?
O	No
\mathbf{O}	Yes

56) What is your relationship status?
\mathbf{O}	Not in a relationship
0	In a relationship but not living together
0	In a relationship and living together
57) What is your marital status?
O	Single
0	Married/Partnered
0	Separated
O	Divorced
O	Other
58) Where do you currently live?
0	Campus residence hall
0	Fraternity or sorority house
0	Other college/university housing
0	Parent/guardian's home
0	Other off-campus housing
0	Other
59) Are you a member of a <u>social</u> fraternity or sorority? (e.g., National Interfraternity
Co	nference, National Panhellenic Conference, National Pan-Hellenic Council, National
As	sociation of Latino Fraternal Organizations)
\mathbf{O}	No
O	Yes
60) How many hours a week do you work for pay?
0	0 hours
O	1-9 hours
0	10-19 hours
0	20-29 hours
0	30-39 hours
0	40 hours
0	More than 40 hours
61) How many hours a week do you <u>volunteer</u> ?
O	0 hours
O	1-9 hours
0	10-19 hours
0	20-29 hours
0	30-39 hours
~	
	40 hours

\mathbf{O}	My parents' plan		
\mathbf{O}	Another plan		
O	I don't have health insurance	ce	
\mathbf{C}	I am not sure if I have healt	h insurance	
63) What is your approximate c	cumulative grade average?	
\mathbf{C}	A		
O	В		• 10
\mathbf{C}	C		
\mathbf{C}	D/F		
\mathbf{C}	N/A		~ 30
64) Within the <u>last 12 months</u> ,	have your participated in organ	ized college athletics at any o
the	e following levels? (Please m	ark the appropriate column for	each row)
		No	Yes
	Varsity	0	0
	Club Sports	0	0
	Intramurals	0	O
65) Do you have any of the follo	owing? (Please mark the approp	oriate column for each row)
		No	Yes
	Attention Deficit and	76	
	Hyperactivity Disorder	0	•
	(ADHD)		
(Chronic illness (e.g., cancer,		
	diabetes, auto-immune	0	O
	disorders)		

 \mathbf{O}

O

O

0

0

 \mathbf{O}

0

0

O

0

0

0

 \mathbf{O}

0

62) What is your primary source of health insurance?

O My college/university sponsored plan

Deafness/Hearing loss

Learning disability

Mobility/Dexterity disability

Partial

sightedness/Blindness Psychiatric condition

Speech or language disorder

Other disability

- 66) Are you currently or have you been a member of the United States Armed Services (Active Duty, Reserve, or National Guard)?
- O No
- O Yes and I have deployed to an area of hazardous duty
- O Yes and I have not deployed to an area of hazardous duty

Almost there! Please hit the "submit survey" button below.

ACHA American College Health Association advocacy education research