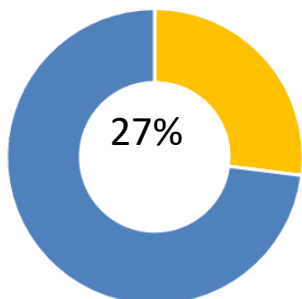


## 2023 UCLA Alcohol Use and Behaviors

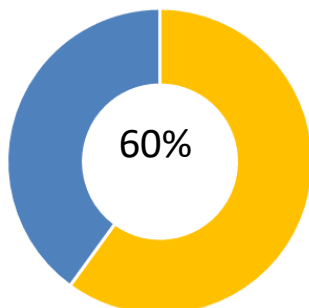
This brief provides an overview of UCLA students' alcohol use patterns and drinking behaviors. This report utilized data from UCLA respondents who participated in the ACHA-National College Health Assessment III (NCHA III) survey. The response rate for 2023 NCHA survey is 14% (839 responded out of 5993 invitations). More information on the survey and instrument is available here: <http://www.achancha.org>. For accompanying information and survey methodology, please visit: <https://sairo.ucla.edu/by-survey/ncha>

### Alcohol Use

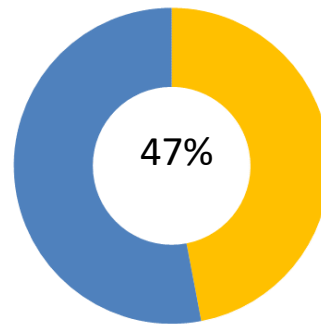
Never Used Alcohol



Used Alcohol in the Last Month



Used Alcohol in the Last 2 Weeks



### Experiences and Behaviors

**19%** respondents reported drinking monthly in the past 3 months

**7.0%** respondents reported driving after drinking in the last 30 days

**26%** respondents reported consuming **5 or more drinks of alcohol** in one sitting in the last 2 weeks

### Experiences after drinking

Among those who reported using alcohol (n=632), percent who reported experiencing the following **in the last 12 months**

Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)	20.2%
Did something you later regretted	17.2%
Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)	9.5%
Had unprotected sex	7.1%
Physically injured yourself	4.6%
Seriously considered suicide	1.3%

Source: NCHA Survey 2023

### Last time you drank

Did you get drunk?



■ Yes ■ No

Did you intend to get drunk?



■ Yes ■ No