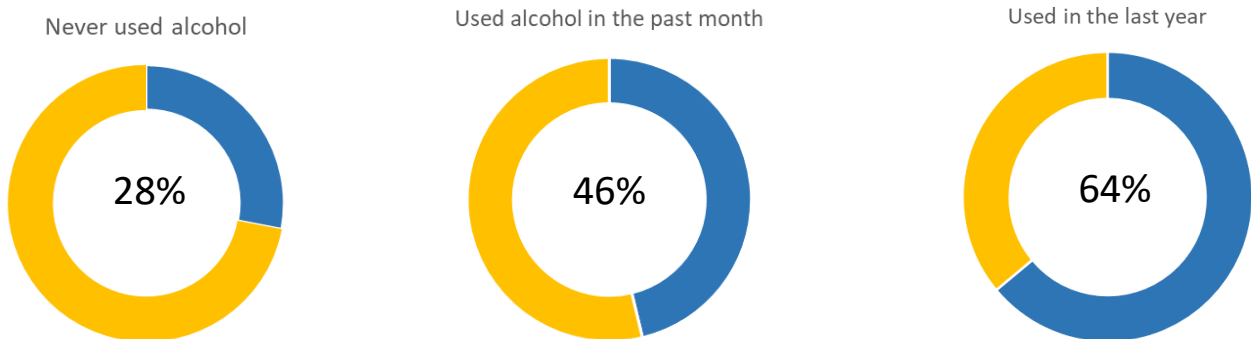


## UCLA Undergraduate Alcohol Use and Behaviors

This brief provides an overview of UCLA undergraduate students' alcohol use patterns and drinking behaviors. This report utilized data from the ACHA-National College Health Assessment III (ACHA-NCHA III) survey. Created by the American College Health Association (ACHA), the ACHA-NCHA Survey is a nationally recognized research survey that focuses on understanding the knowledge, attitudes, beliefs, and health behaviors of college students. More information on the survey and instrument is available here: <http://www.achancha.org>. For accompanying information and survey methodology, please visit: <https://sairo.ucla.edu/by-survey/ncha>

### Alcohol Use



### Experiences and Behaviors

**16%** of students reported drinking monthly in the past 3 months

**7.8%** of students reported driving after drinking in the last 30 days

**39.6%** of students reported consuming **5 or more drinks of alcohol** in one sitting in the last 2 weeks

#### Experiences after drinking

Among those who reported using alcohol, percent who reported experiencing the following **in the last 12 months** (N=376)

Brownout (forgot where I was or what I did for short periods of time, but can remember once someone reminds me)	19.4%
Did something you later regretted	13.3%
Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)	8.0%
Had unprotected sex	7.0%
Physically injured yourself	5.6%
Seriously considered suicide	2.7%

#### Last time you drank

Did you get drunk?



Did you intend to get drunk?



■ No ■ Yes

Source: NCHA Survey 2021 (N=589)